

Munul Sun



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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 9, 2018

FEBRUARY SUNRISE/SUNSET: 9 7:09 • 6:16 10 7:08 • 6:17 11 7:07 • 6:18 12 7:07 • 6:18 13 7:06 • 6:19 14 7:05 • 6:20 15 7:05 • 6:20

Artists Reception At Captiva Civic Center

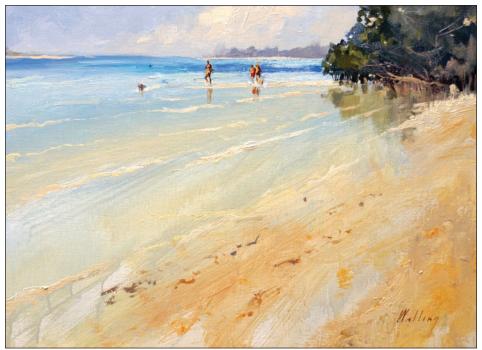
The Captiva Civic Association will showcase an artists invitational exhibition, entitled Art-y Gras, at the Captiva Civic Center. The exhibit ties nicely to the spirit of Mardi Gras. An opening reception will be held on Thursday, February 15 from 5:30 to 7 p.m. featuring festive live music, light refreshments and hors d'oeuvres.

The three artists exhibiting are Neil Walling, Tom Kulina and Susan Scott. All three have unique styles, using diverse mediums in vibrant colors.

Walling's interest in drawing led him in 1962 to the ArtCenter College of Design for training. While there, he was exposed to a number of outstanding artists in addition to automotive design, which became his major. After graduating in 1966, he went to the Chrysler Corporation design staff where he stayed for 33 years, retiring in 1999. Walling always loved painting and while he worked at Chrysler, he began to develop as a fine artist. During this time, he had



Manikins by Susan Scott images provided several one-man shows in Michigan. Unfortunately, work overpowered his painting and he "hung up" his brushes until retirement. Walling now lives in Florida and returns to northern Michigan each summer. In both places, he pursues his love of painting. He works in both watercolor and oil, and enjoys both studio



Painting by Neil Walling

and plein air painting.

Kulina, an engineer by training, spent 30 years as a textile executive in New York City. It ingrained in him a deep understanding of design pattern and color. After studies in art history and appraising at New York University, he continued on page 24



Aerial photograph of the Sanibel Historical Museum and Village

photo provided

Gala To Support Enhancements At The Village

The Sanibel Historical Village 2018 Let's Get Historical gala will be held on Monday, February 19 at The Community House. This year's theme is Leave Your Footsteps in the Sand, and Bailey's General Store is the grand sponsor.

Proceeds from the event will support the ongoing needs of the historical village including:

Professionally producing a new orientation video to introduce visitors to the Sanibel history they will experience during their visit;

Updating displays including a timeline of world events interwoven with what

continued on page 27

'Roosevelt' To Speak Out On Conservation

Joe Wiegand has been bringing President Theodore "Teddy" Roosevelt to life for more than a decade and has performed in all 50 states and overseas, including a White House performance in honor of Roosevelt's 150th birthday in 2008.

Roosevelt's 150th birthday in 2008.

As part of the free "Ding" Darling Friday Lecture Series, Wiegand will address the audience on period environmental issues during his three Theodore Roosevelt Speaks Out on Conservation presentations. They will take place beginning at 10 a.m., 1 and 3 p.m. on Friday, February 16 in the free "Ding" Darling Visitor & Education Center.

Expect a thorough explanation of the relationship between U.S. natural resource policies and the duties of citizenship based on thorough research of Roosevelt's life, his writings, policies and speeches. Questions from the audience will follow.

Formerly a veteran political consultant and elected public servant in



Joe Wiegand portrays President Theodore
Roosevelt photo by Mark Glenn Studio

his native Illinois, Wiegand is a political science graduate of the University of the South – Sewanee in Sewanee, Tennessee; a former graduate assistant at Northern Illinois University's Center

continued on page 14

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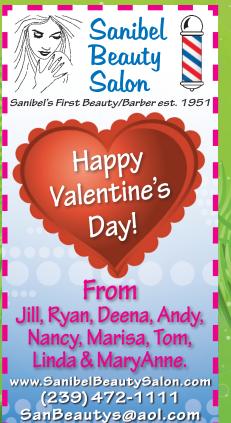


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Preschoolers Learn New Skills During Alphabet Studies



Students from the 3-year-olds class are amazed as they watch their mixing efforts turn into stretchy, sparkly slime as part of a science experiment

tudents at Sanibel Christian Preschool spent the week discovering that the letter "S" can stand for science, slime and their senses. They had fun with science making slime as they experimented with measuring and discovered that combining different items can change them into something new. Some loved the sticky texture and others were not as thrilled as they explored the changing consistency with some of their

Younger students also benefited from the activity, since squeezing, mixing and kneading are a great fine motor skill activity that helps develop children's small hand muscles. It was all part of the week's unit on the letter "S" and learning about their senses, using multiple learning methods to meet the differing educational styles of each

For more information about classes for 2-, 3- and 4-year-olds at Sanibel



A two-year-old student plays with his slime

Christian Preschool, an outreach of Sanibel Congregational United Church of Christ, or to register a child, contact Director Ana Abella at 472-0497 or



Students experience different reactions to the texture of their slime creation



beautifulife

by KAY CASPERSON



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OBITUARY



EVELYN OWENS

velyn Owens died on January 28, 2018 in Fort Myers, Florida ●at the age of 88. Evelyn was born Evelyn Schultz in Crown Point, Indiana in 1929. In 1946, she moved to downtown Chicago to work after World War II. In 1953, she moved back to Northwest Indiana and married her one true love, Robert "Bob" Owens.

Evelyn had a successful business career that included notable 30-year ownership and management of the Merrillville Dairy Queen. In 1991, she opened a clothing store on Sanibel with her son, Keith, called Stanley and Livingston's that prospered for 15

Her beloved husband of 64 years, Bob, survives Evelyn. She is also survived by five children, Keith (Celeste) Owens, Tom (Kathy) Owens, Joyce Owens, Dave (Jacque) Owens, and Dan (Cindy) Owens. Evelyn was delighted and proud that she had 10 grandchildren and one great-granddaughter.
Evelyn moved to Sanibel full time

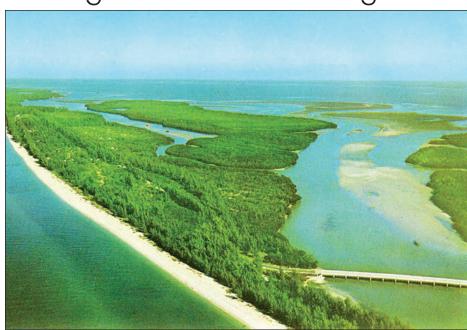
in 1985. In addition to her business career, she had a full life with friends and family. She was a parishioner at St. Isabel Catholic Church from 1985 to 2004. Evelyn was an avid shell collector and almost every day walked the Sanibel beach from the Shell Harbor parking lot to the lighthouse and back. She was spirited, determined and fiercely loyal. She will be missed.

Please contact the family for information regarding the memorial service.₩

Our email address is press@islandsunnews.com

Captiva Island Historical Society

Looking Back: Blind Pass Bridge



Extended beach below the bridge photo courtesy Captiva Island Historical Society Archives

his week's image is an aerial view of Captiva, which shows the southernmost portion of the island and the Blind Pass Bridge connecting to Sanibel. The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for more information.

Visit the Captiva Island Historical Society website www. captivaislandhistoricalsociety.org/archives/research to view many more images to



Sanibel Historical Village



Bailey's presents

Let's Get Historical

A Sanibel Historical Village gala

Monday, February 19, 2018 from 6 to 10 p.m.

Dine and Dance at The Community House. Join Us and Leave Your Footsteps in the Sand. For tickets, call Emilie at 472-4648 or email at info@sanibelmuseum.org.

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Presentation On Populism, Religion And Health Care

n Sunday February 11, the Unitarian Universalists of the Islands will meet in the Fellowship Hall of the Sanibel United Congregational Church of Christ, located at 2050 Periwinkle Way. The service begins at 5 p.m. The public is welcome to attend. The speaker will be Professor James D. (Jim) Maxwell. The title of Maxwell's discussion will be Populism, Religion and the Birth of Medicare in Canada.

Tommy Douglas, acknowledged to be the greatest Canadian in a media competition in 2004, came to the country from Scotland in 1919. He dropped out of school at the age of 14 but eventually completed his education and became a minister in the Baptist Church. Influenced in part by the social gospel movement, he led the political movement and the political party in the Province of Saskatchewan. In both cases, this led to the federal government adopting programs in hospital care and subsequently medical care in 1966. Douglas is viewed as leading the first socialist government in North America as premier of Saskatchewan (1944 to 1961).

Maxwell will explore the role that populism and religion played in what Seymour Martin Lipset, a well known



Professor James D. Maxwell photo provided

American academic of the 20th century, called Agrarian Socialism in a book by the same name. He will also examine the effect of this movement on the nation as a whole.

Maxwell was born and grew up in rural Ontario. He attended Victoria College in the University of Toronto in the same era as Donald Sutherland and Margaret Atwood. He holds an honours degree in political science and economics and a graduate degree in health administration from Toronto and a PhD from Cornell. His doctoral work was on royal commissions and social change in Canada. One of these inquiries (the Hall Commission, 1961-64) launched Medicare on the national level. Subsequently, he carried out a national study of occupational therapy in Canada, which resulted in a number of publications, addresses and visiting lectureships. Following that, he and his wife, Mary Percival Maxwell, carried out an extensive study on Canada's system of elite private schools with articles appearing in both educational and sociological journals. Lastly, their research focused on the social significance of garage sales and flea markets as both the young and the old "massaged the material culture for

Maxwell taught for a brief period in the faculty of medicine and the faculty of commerce and business administration at the University of British Columbia. Subsequently, he and his wife had appointments at Queen's University at Kingston. Kingston was once Canada's capital, and along with Quebec, one of the most fortified cities in the country. It remains Canada's prison capital. Queen's is one of Canada's oldest universities and, particularly for undergraduates, one of the most sought-after universities in Canada.

The Maxwells divide their time between Sanibel, Toronto and Shanty Bay on Lake Simcoe.



Nathan Ames, Henry Kauffold and Isla Mendez on the bike-go-round

photo provided

Pedaling Around

Preschoolers had fun recently pedaling aboard the bike-go-round at Summit Christian Preschool located at Sanibel Community Church. Preschoolers raised money for the new bike at a run-a-thon, where they ran for 20 minutes for donations. The new bike-go-round is a great new addition to the playground. For information about registration or a tour of the preschool, contact Andy Reidsma at 482-7007.



Noah's Ark Fashion Show Is February 12



From left, parishioners Liz Coffey, Harriet Pattison and Lee Williams have been busy selecting clothing that they will model at the fashion show photo provided

oah's Ark volunteers are hard at work preparing for the annual fashion show extravaganza, entitled Beauty on a Budget. The show, taking place at 2 p.m. on Monday, February 12 at St. Michael & All Angels Episcopal Church, features fashions currently on sale at the popular island thrift shop.

According to show general chair Liz Coffey, Noah's Ark volunteers and other parishioners model active wear and lifestyle fashions, as well as festive evening attire, "basically anything on sale that they love." The show also includes door prizes featuring new items donated to the Ark.

Longtime Ark shoppers are encouraged to wear outfits to the show that they have purchased at the Ark. "The show is our way of thanking those who support the Ark," Coffey added.

Refreshments will be served prior to the show, between 12:30 and 1:30 p.m., in the Parish Hall. Doors to the show open at 1:30 p.m.

During the show, the Women of

St. Michael's will present a check to Community Housing and Resources.

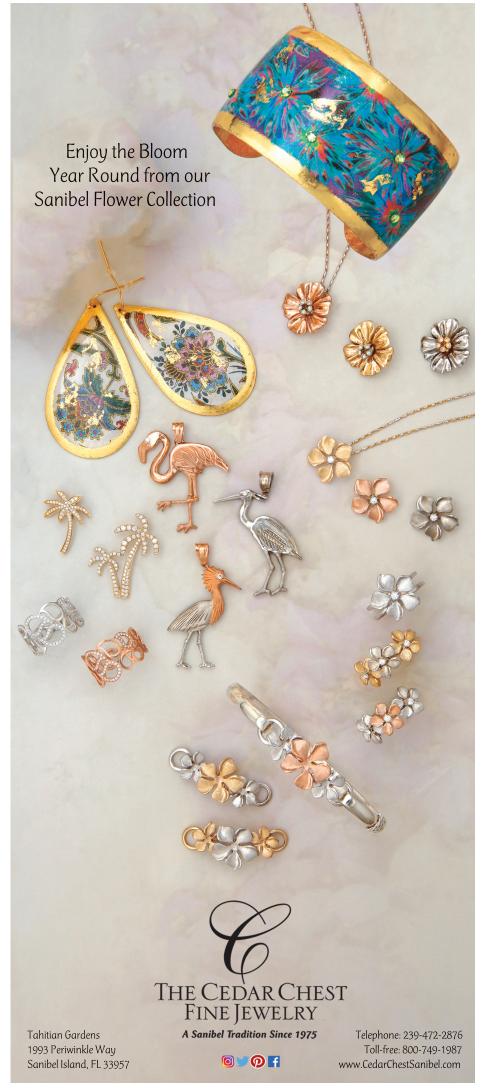
"We are delighted that the phenomenal success of the Ark, along with outreach money budgeted by the parish, enables St. Michael's to award significant grants to critically important charities and causes," said St. Michael's Rector Ellen Sloan.

All modeled clothing is offered for sale at a reception following the show in Parish Hall at the church, located at 2304 Periwinkle Way. Admission is free.

In business for more than 50 years, Noah's Ark is operated by the Women of St. Michael & All Angels Episcopal Church. Proceeds from Ark sales, coupled with the monies from the parish's annual budget, go to numerous local, regional and global charities.

To inquire about the activities of the Women of St. Michaels or Noah's Ark, contact Women of St. Michael's President Betsy McCullough or Rector Ellen Sloan at 472-2173, or visit www. saintmichaels-sanibel.org.





Teacher Appreciation Night At Sanibel Church



LOGOS participants honored their instructors with a song during Teacher Appreciation Night at Sanibel Community Church

photo provided

The LOGOS children sang to their teachers last Wednesday night to show their appreciation and love at Sanibel Community Church. Teachers from The Sanibel School and Summit Christian School as well as homeschool parents were honored with a gift basket and dinner with their students.

This midweek program takes place at Sanibel Community Church, located at 1740 Periwinkle Way, for families with children ages 3 years old through fifth grade.

If you are interested in enrolling your child or for more information, contact Kathy Cramer at 472-2684.34

Council OKs Amending Liquor Sales Code

by Jeff Lysiak

During Tuesday's Sanibel City Council session, an ordinance amending the Sanibel Code which will allow alcoholic beverages to be sold at performing arts and live performance venues – without the prerequisite of food sales – was unanimously approved.

"The on-premise sale and consumption of alcoholic beverages is offered by many performing arts centers and live performance theaters located around the country and is a recognized and customary service expected by patrons," the adopted ordinance reads, in part. "Performing arts centers and live performance theaters that qualify under Florida statute may obtain license and permit approval from the state's Division of Alcohol and Tobacco for the on-premise sales and consumption of alcoholic beverages without offering food sales or services."

Late last year, BIG ARTS made the application for the exemption of the prerequisite. During deliberations before the planning commission on December 12, Ralph Clark, director of BIG ARTS, noted that his group – whose locations include the Schein Hall Performance Hall and the Herb Strauss Theater – was currently only permitted to give away alcoholic beverages at their venues during events and performances. Being permitted to sell alcohol, Clark stated, would create an additional source of revenue for BIG ARTS and improve the quality of beverages being served to their customers.

Representatives of the Sanibel Community Association also spoke in favor of amending the city code, telling commissioners that they also desired an exemption from the food sales requirement. SCA member Bill Sartoris requested that the word "primarily" be removed from the ordinance, adding, "Most of what we do fits into the state's performing arts venue definition."

Planning commissioners agreed and removed the word "primarily" from the proposed ordinance, passing it along to city council for their consideration.

With no public opposition to making the amendment, the ordinance passed 4 to 0, with Councilman Jason Maughan absent and excused.

In other business, council approved a resolution in opposition of Senate Bill 1400 which, under the guise of 'property rights,' is seeking to preempt all regulation and control of short-term vacation rentals in residential districts throughout the State of Florida.

"With respect to residential vacation rentals, the proponents of Senate Bill 1400 should recognize that citizens of the State of Florida do not want the house next door to theirs to be operated as a motel to the detriment of their property values, peace and quiet," the resolution reads, in part.

Because Sanibel had previously adopted an ordinance to regulate short-term vacation rentals prior to 2011, the city is exempt from any changes that may result from passage of the bill. However, members of the council stand firmly in opposition to the proposed legislation. Councilman Chauncey Goss, during discussions on the subject, suggested that Sanibel's resolution include the words "and

any bill" following the Senate Bill 1400 designation.

"This bill has been introduced every year for the past four years," added Commissioner Holly Smith. "And we have opposed it every year because we cannot assume that it won't be passed."

Also, council approved funding an emergency Hurricane Irma shared use path repair project totaling \$186,871.97; approved an agreement with Sanibel Sports, Inc. to conduct soccer, flag football and baseball/lacrosse on the island over the next two years; and approved funding \$1,100 towards the Alligator Education coloring book.

Later in the meeting, Mayor Kevin Ruane officially relinquished his seat on the Lee County Tourist Development Council (TDC) to Smith, who will immediately assume his responsibilities on two TDC subcommittees. Ruane also noted progress made during the first Charter Review Committee session last month, mentioning the majority of the meeting was spent discussing term limits and compensation for council members. The committee has recommended that no changes be made to either charter provision.

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SANIBEL CAPTIVA







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ANNUNCIATION GREEK **ORTHODOX CHURCH**

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation. fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA **CHAPEL BY THE SEA** The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-1646

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday

and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684

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Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary, 9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion

Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service - third wednesday 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

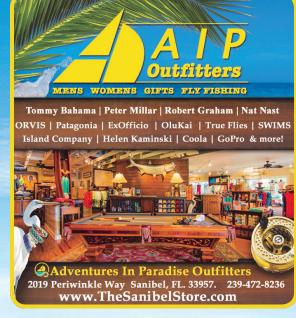
UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.☆

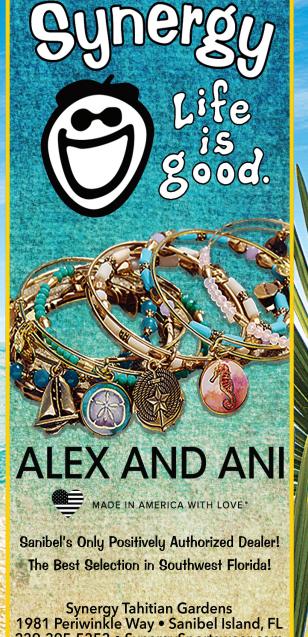












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News From The Women Of St. Michael's

submitted by Lynda Dunham

Tn the Episcopal church, every woman is considered to be a member of Episcopal Church Women (ECW) and is welcome at our meetings. This is the group that has been volunteering and supporting Noah's Ark for years. At some of our lunchtime meetings, our quest speakers may be applicants or recipients of the grants that are given through Noah's Ark and the outreach committee of St. Michael and All Angels Episcopal Church.

In December, we were treated to a program from the Osteogenesis Imperfecta Foundation (OIF), presented by CEO Tracy Hart, along with our own friend and parishioner Susie Wilson. Born in the late 1960s, five hours after her birth, Wilson was diagnosed with osteogenesis imperfecta, an uncommon genetic disorder. Approximately 50,000 people in the United States have been diagnosed with this condition. Osteogenesis imperfecta (OI) makes bones very fragile because the body makes too little collagen or collagen of poor quality. Some of the people can have four or five fractures a year, and some have hundreds during their lifetime. There are often accompanying complications involving other body functions. They are frequently short in

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Susie Wilson

photo provided

stature, have some hearing loss, have brittle teeth and various cardio-pulmonary issues. There is no cure, and there is a wide variation in function and

At one time, Wilson could walk with assistance of arm braces, but now her body is confined to a wheelchair. Believe me when I say her body. Her mind is everywhere but confined. She is active in the OIF, is a mentor to others, attends meetings and groups locally and occasionally on a national basis, and volunteers to do phone tasks for other organizations.

It is important for Wilson to manage

her symptoms, minimize the chances of a fracture, try to keep essentially healthy, and practice as much independent function as is possible.

Wilson told us that two days before her college graduation, she fell and fractured her femur (long thigh bone). Her class of 70 people from Manhattan College rented a yellow school bus and went to the hospital to deliver her diploma. She faces many challenges but accomplishes much with a little help.

"It's just a little bump in the road," Wilson said.

The OIF works to improve the quality of life through research to find treatments and a cure, education, awareness and mutual support. They sponsor a biennial national conference to develop networks of support. They fundraise to accomplish these goals. Their motto is "Unbreakable Spirit." We see that in Susie Wilson all the time.

For more information, visit www.OIF.

Students Named To Dean's List

wo residents of Sanibel, Jacqueline Cloutier (President's List) and Kristin Van Olst (Dean's List), were honored academically for the University of Alabama's fall semester.

Jillian E. Richter of Fort Myers was named to the fall semester Dean's List at Samford University in Homewood, Alabama. Richter is a Junior Foods and Nutrition (CP) major. 以

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Mardi Gras Sunday At Sanibel Congrégational

n the last Sunday before the Lenten season begins, Sanibel Congregational United Church of Christ celebrates the spirit of Mardi Gras at the 9 and 11 a.m. services. This year's Mardi Gras Sunday is February 11. As always, everyone is welcome to attend.

Both services will feature musicians from the Island Jazz band, and greeters will hand out strings of Mardi Gras beads. The service is festive and fun.

"I just love this service," said Senior Pastor John Danner. "It's such a vibrant celebration of God's good world.'

In many parts of the world, the days or weeks before Ash Wednesday, the start of Lent, are observed as festive times, most notably in New Orleans where Mardi Gras (French for "Fat Tuesday") is marked by parades and parties. This year, Ash Wednesday falls on February 14. The church will mark that important day with a worship service, complete with ashes, at 7:30 p.m. in the sanctuary.

But before the days of fasting come the feasting and celebration of Mardi Gras. This was a time for cleaning out all the fats before the Lenten time of fasting; hence the name Fat Tuesday.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from the Periwinkle Place Shopping Center. For more information, visit www.sanibelucc.org or call 472-0497.雰

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What's Happening **At The House**

Events

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Comedy & Magic of Harry Maurer Incredible Magic, Great Comedy and LOTS OF FUN! *nominated as "Atlantic City Entertainer of the Year" \$45/person

*pre show limited wine dinner add \$75

Monday 10-2 pm

Shell Crafters Lessons 10 am sharp

Monday, Feb. 12

Paradise Found/Coastal Elegance Decorating Den Speaker& Luncheon Noon-2 pm \$30pp

> Palm Bark Art 6-9 pm Art by Jenny \$70/Members, \$80/quests

Thurs., Feb 15, 5-7 pm

Cooking Demo w/Chef Jarred Member/\$45; Guest/\$55 Meal included

Tues., Feb 20, 11:30 am

How Does Your Garden Grow? Lunch & Speaker Rain Barrels \$30

Wed., Feb. 21, 10 am-Noon

Hands On Cooking with Chef Jarred Member/\$75, Guest/\$95 Meal included

> Potluck 6 pm-8 pm Featuring: Three Suns Ranch

For Full Schedule of ALL Happenings visit www.SanibelCommunityHouse.net

Visit www.SanibelCommunityHouse.net for more information

The Community House

SANIBEL COMMUNITY ASSOCIATION

Telephone: (239) 472-2155 in fo@sanibel community house.net

www.sanibelcommunityhouse.net 2173 Periwinkle Way, Sanibel, FL 33957

> "To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization. Follow Us On Facebook



Ken Meyer with a swallow-tailed kite

Lecture On Data-Driven Bird Conservation

anibel-Captiva Audubon's seventh program of the 2018 season will bring back a lecture favorite, Dr. Ken Meyer of the University of Florida's Department of Wildlife Ecology and

and many other topics pertaining to his case.

photo provided

founder of the Avian Research and Conservation Institute (ARCI). In a program entitled 20 Years of Datadriven Bird Conservation, to be presented on Thursday, February 15 at 7:30 p.m. at The Community House, Dr. Meyer will enlighten attendees on the history and results to date of his GPS tracking studies of many of Florida's unique avian aerial travelers.

Avian Research and Conservation Institute (ARCI) staff and supporters

Paid for by a group of Sanibel Catholics



Swallow-tailed kite

photo by Ken Meyer

recently celebrated 20 years of challenging research addressing the most important unanswered questions about many of Florida's birds of critical conservation concern. Beginning in 1996 with ARCI's pioneering studies of the migration biology of swallow-tailed kites, this efficient and sharply focused nonprofit enterprise has used the best available tracking technology to give wildlife agencies and conservation organizations the data and recommendations they need to sustain birds of critical conservation concern. The species now being studied also include reddish egrets, magnificent frigatebirds, snail kites, white-crowned pigeons, crested caracaras, roseate terns, great white herons, short-tailed hawks and Southeastern American

Dr. Meyer honed his field work in the public sector as a research biologist in the Big Cypress National Preserve and Everglades National Park. Utilizing modern continent spanning satellite and radio transmission techniques, through ARCI, he is gathering data in an effort to determine current nesting regimens, demographics and migration information for species not previously thoroughly studied. His presentation will visually summarize the exciting results and compelling stories generated by ARCI's research over the last 20 years, including the responses of the tracked birds to the exceptionally severe hurricanes they experienced in 2017.

This is the seventh of eight Sanibel-Captiva Audubon lectures to be held this season. All are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House and across Periwinkle Way in the Herb Strauss Theater parking area. A \$5 donation per attendee is appreciated with proceeds after costs being used to promote conservation on Sanibel and in

For more information, call Bill Jacobson at 395-1878 or visit the website at www.san-capaudubon.org.☆



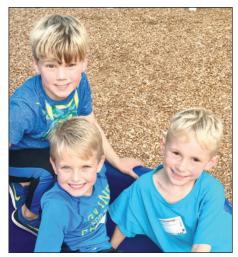


Lining up for the final flights were winners from each grade, which included, from left, Kate Doster, Zackary Alonso, Andy Sullivan and Abbie Wheeler photos provided

Youngsters Celebrate Flight Night At Church

ne of the highlights of the year for the children in the LOGOS family ministry program at Sanibel Community Church is when they celebrate Flight Night. They have a great time sitting on an "airplane" and eating dinner in their seats, watching an in-flight movie, then constructing and flying their own paper airplanes. This year's winner for the longest flight of the night was Zackary Alonso.

The midweek program, designed for families with children ages 3 years old through fifth grade, takes place at Sanibel Community Church, located at 1740 Periwinkle Way.



From left, Pierce Padgett, Grant Muddell and Ryder Szymanczyk during playground time

Students From Pine Manor Explore With Sanibel Sea School

submitted by Leah Biery

tudents from the Pine Manor Improvement Association visited Sanibel Sea School on a windy Saturday morning to learn about marine science and enjoy a day at the beach.

Activities included using a seine net to catch fish, swimming and standup paddling

"Many of our Pine Manor students rarely have an opportunity to visit the coast, despite living right over the bridge in Fort Myers,



Pine Manor students used a seine net to catch fish near the Sanibel Causeway photo provided

said educator Johnny Rader. "It's always fun to see how excited they are to learn new ocean facts and skills," he added.

Some participants learned how to use a standup paddleboard for the first time, and each received one-on-one guidance from Sanibel Sea School's instructors. By the end of the day, every child successfully paddled a course, despite heavy winds and rough waters. Other highlights included catching shrimp, jellyfish, tonguefish and other unique creatures in the seagrass, and a picnic lunch at the Sanibel

This and other outreach programs are made possible by Sanibel Sea School's donor-supported scholarship fund, which ensures that no individual is turned away from ocean learning due to cost. For more information, visit www. sanibelseaschool.org.☆

Sanibel - Captiva Art League Art Show

ART SALE WEEKEND

Two great shows - two different locations

Saturday Feb.10



Art on the Veranda at Bailey's Center

10am to 3pm

(Rain or Shine)

2477 Periwinkle Way, Sanibel Island

Local award winning artists selling original art

Sunday Feb.11

CLOTHESLINE ART SHOW



9am to 3pm
(Rain or Shine)

Inside and Outside the Sanibel Community House

2173 Periwinkle Way, Sanibel Island



Native false tamarind is a wildlife-friendly shade tree with feathery foliage

photo by Gerri Reaves

Plant Smart

False Tamarind

by Gerri Reaves

*alse tamarind (Lysiloma latisiliquum) is native to much of the Caribbean and to southernmost Florida. In fact, this member of the pea family is native to no other U.S. state.

In the wild, it grows in pinelands, hammocks and even on coastal strands, functioning as a "pioneer" species that quickly grows and creates canopied habitat for other species.

Long-lived and fast-growing, it grows

up to 60-feet tall. The wide umbrella-like crown and arching zig-zag branches of feathery foliage make it a good shade tree.

Bipinnate, or twice-divided, leaves of up to seven inches long have three to five opposite pinna, or leaflets.

Those leaflets each have up to 20 paired leaflets of less than one-half inch long, thus the foliage's fern-like appearance.

In Florida's southernmost regions, the tree is evergreen.

Fragrant greenish white or creamy flowers bloom in spring, occurring singly or in groups. They resemble powder puffs and measure less than an inch across.

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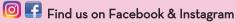


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Their 15 to 20 stamens converge into a

The twisted papery pods are five to eight inches long and rather flat. They darken with age and remain on the tree in winter, splitting open to reveal the black

The bark of younger trees is smooth, but older trees develop darker trunks with large scales.

This species provides food and cover for wildlife, particularly Florida tree snails (Liguus fasciatus), and attracts birds such as warblers, gnatcatchers, redstarts and

It is the larval host plant for several butterflies - cassius blue (Leptotes cassius), large orange sulphur (Phoebis agarithe) and mimosa yellow (aka Jamaican Sulphur) (Eurema nise) - and a nectar source for

several others, including cassius blue and mangrove skipper (Phocides pigmalion).

This tree prefers full sun, well-drained

soil, and plenty of room.
It has high drought tolerance but low salt tolerance. Overall, it requires little maintenance, but is subject to several

Propagate it with the seeds.

Sources: Florida Plant for Wildlife by Craig N. Huegel, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Growing Native by Richard W. Workman, Native Florida Plants by Robert G. Haehle and Joan Brookwell, www.fnps.org, lee.ifas.ufl.edu, and www. regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.以

From page 1

Roosevelt

for Governmental Studies; and a Harry S. Truman Scholar and Thomas Watson, Jr. Fellow.

Admission is free to the lectures, which are sponsored by HighTower/Thomas & Swartz Wealth Management, along with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The season's remaining schedule is listed below. Book signings follow all of the starred (*) lectures.

Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one extra seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk reassignment.

As usual, Wildlife Drive is closed on Friday, but visitors are welcome to visit the free "Ding" Darling Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff

and board of directors.

For more information, call 472-1100 ext. 241 or log on to www. dingdarlingsociety.org/articles/ lecture-and-film-series.

*February 23 - Author Stephen W. Kress, Puffin Project: The Improbable Quest to Bring a Beloved Sea Bird Back to Egg Rock

*March 2 – Author Larry Nielsen, Nature's Allies: Eight Conservationists Who Changed Our World
*March 9 – Author Kevin Karlson,

Birds of Prey: Hawks, Eagles, Falcons and Vultures of North America

*March 16 - Author Tom Butler, Wildlands Philanthropy: The Great American Tradition

*March 23 – Photographer-sound recordist Gerrit Vyn, The Living Bird: 100 Years of Listening to Nature

*March 30 – Artist and author Dawn and Blair Witherington, Florida's Living Beaches: A Guide for the Curious Beachcomber

April 6 – Mote Marine Researcher Dr. Erinn Muller, Coral Restoration

April 13 – Avian researcher Dr. Kenneth Meyer, Swallow-tailed Kites: 10,000 Miles to Survival.

starred lecture indicates book signing to follow.☆





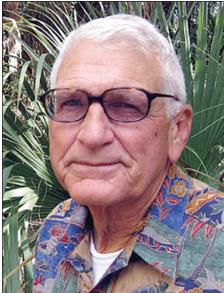
John Slapcinsky

photos provided

Sanibel Shell Show Judges Announced

submitted by Joyce Matthys

For the past 81 years, sea shell enthusiasts have gathered on Sanibel once a year to see who has collected the most interesting shells or has created the most beautiful piece of art with shells. As the years have passed, the Sanibel Shell Show has become more sophisticated, and today it is known as the most prestigious



Gary Schmelz

competitive show in the United States. Historically, it is the longest-running shell show in the country. Competitors bear the expense of coming from around the United States, Canada, Puerto Rico, Barbados, the Bahamas and even as far away as India and Japan just for the chance to win a non-monetary award that recognizes the excellence of their work. The Shell Show is an integral part of the Sanibel Shell Festival.

The Sanibel-Captiva Shell Club announces the following highly-respected individuals who have been chosen to judge the 81st annual Sanibel Shell Show being held March 1, 2 and 3 at The Community



Shannon Webster

House.

Scientific Division Judges

John Slapcinsky of Gainesville, Florida is the collections manager at the Florida Museum of Natural History at the University of Florida in Gainesville, which has one of the largest mollusk collections in the country. His fascination with shells and their makers started during childhood vacations to the coasts of Florida and North Carolina. Slapcinsky received a masters in biology at the University of Virginia. After graduating, he moved to Chicago to work at Field Museum before settling in Florida. His interests in taxonomy and systematics of land



Phyllis Gray

snails have taken him to remote areas of Papua New Guinea, Madagascar and elsewhere, where he and his colleagues have discovered and named about 50 new species and two new genera of land snails.

Gary Schmelz of Naples, Florida received his PhD in biology from the University of Delaware. He is the former director of the Big Cypress Nature Center and director of education for the Conservancy of Southwest Florida. He was chosen the leading environmental educator in the United States in 1985. In 2007, Dr. Schmelz received the Howard Converse Award for his outstanding contributions to

continued on page 22





For information call (239) 489-8472 or visit www.shellpoint.org/events

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Warm-up Is Now Under Way



by Capt. Matt Mitchell

s we are finally entering a big warm-up period forecast for the next 10 days, fishing is going to come back to life and offer anglers lots of options.

For almost a month now, we have been dealing with cold-water conditions. As things gradually warm back up to around that magical 70 degree mark over the next week, catch-and-release snook fishing will come back alive after what has been a prolonged winter hibernation.

Sheepshead fishing will stay good the whole month of February as this is prime time for these fish to come inshore to pawn. Look for these fish all through our waterways or basically any place they find barnacles and structure to group up on. This past week, sheepshead were my main target on my

charters. We successfully caught them anywhere from the mangrove creeks in 'Ding' Darling during the windy times and around all our local passes when conditions allowed. Docks in canal mouths and along the intercoastal also had lots of these tasty fish on them. Moving current was the key to which docks held fish and which docks did not. Coolers full of sheepshead made it to the fillet table all week along with a few black drum and a redfish or two.

During calm periods, nearshore wrecks and reefs are hard to beat for a great mixed bag of action. Large sheepshead, grunts and snapper can all be caught fishing close to the bottom. Look for feeding birds while making the run out to these wrecks, and you will find the Spanish mackerel. Stone crab pots are also worth checking out for tripletail if conditions are right. Most of the reports of tripletail I have had this last few cold weeks have come from out in the 40-foot range. As water temperatures rise, these tripletail will be found much closer in. Many of the more well-known wrecks and reefs, including the causeway reef, May reef and Edison reef, are all worth dropping a bait down on. Fishing right on the heavy structure is the key to this.

Although I do enjoy sheepshead



Bradley Agerton with a sheepshead caught this week while fishing around the passes with Capt. Matt Mitchell photo provided

fishing, my favorite winter fishing is catching snook on live shiners. With this bite almost being totally shut down by the cold water, I can't wait for these fish to turn back on. Warming water temperatures will fire these fish up, I expect this bite to go nuts deep in the mangrove creek systems at first then in the deeper creek mouths as the water

temperature gets to 70 degrees for the first time since January 1st.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@ aol.com.₩

Send Us Your Fish Tales

'e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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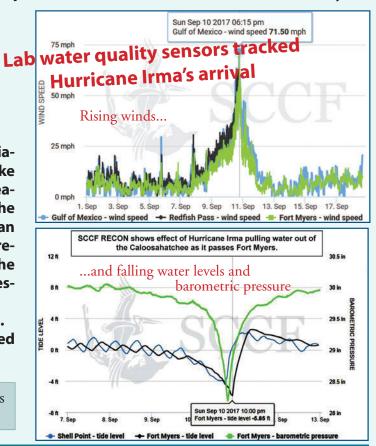
SCCF Nature Center — 3333 Sanibel-Captiva Road Bailey Homestead Preserve — 1300 Periwinkle Way Native Landscapes & Garden Center — 1300 Periwinkle Way

SCCF Open House at the Nature Center Monday, February 19 (President's Day) 10:30 - 1:30

Have you ever wondered how SCCF's researchers study seagrasses, diamondback terrapins and sea turtles? How do you track eastern indigo snake populations across different islands in Pine Island Sound? How do you measure water quality and use the raw data to tell a story? What can tracking the movements of green sea turtles tell us about them? How do you restore an oyster reef — and why do it? Meet the scientists and staffers who do the research and try to answer these questions in order to provide guidance for the continued success of our island wildlife and environment. Bring some questions of your own!

ALSO get the latest news on the state legislative session and other issues. Join the fun of the traditional Nature Sounds Contest — plus lighthearted games and activities — and refreshments!

Explore our Nature Center – live turtles, snakes, videos, 4 miles of walking trails with an observation tower. \$5 adults. 3333 Sanibel-Captiva Road.



SCCF Programs, Tours & Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12 Weeds & Seeds-8:45 Hurricanes, Water Spouts & Lightning -10	Panthers & Wildlife Corridors-10 Nature Ctr Trail Walk-11	14 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Gator & Croc Tales-10 Nature Ctr Trail Walk-11	15 Turtle Tracks-10 Shorebirds-2 Nature Ctr Trail Walk-11	16 Shipley Trail Tour-10@ BHP Garden Walk-1@ BHP Nature Ctr Trail Walk-11	Programs meet at the Nature Center unless other- wise noted.
18 Caloosahatchee Oxbow & Riverlore Cruise - March 18 and 25. 1 pm@ Franklin Lock. Advance online reservation required: from sccf.org.click on	OPEN HOUSE at the Nature Center 10:30-1:30	20 Conservation Photo Ethics-10 Nature Ctr Trail Walk-11	21 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Nature Ctr Trail Walk-11	22 Bobcat Tales - 10 Nature Ctr Trail Walk-11	23 Shipley Trail Tour-10@ BHP Garden Walk-1@BHP Nature Ctr Trail Walk-11	24
	26 Weeds & Seeds-8:45 Sanibel—The City That Almost Wasn't-10	27 SCCF NATURE CENTER CLOSED FOR VOLUNTEER APPRECIATION DAY	28 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Otter Tales -10 Nature Ctr Trail Walk-11	1 March Nature Ctr Trail Walk-11	2 Shipley Trail Tour-10@ BHP Garden Walk-1 @ BHP Nature Ctr Trail Walk-11	3

Bowman's Beach and Shipley Trail Guided Walks — Where to Meet Bowman's Beach and Bayou Walk — Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach.

(more information on all programs can be found at www.sccf.org) Shipley Trail at the Bailey Homestead Preserve — Meet your guide at the Welcome Kiosk at the head of the Shipley Trail, near the entrance.

Costate Horn



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Costate Horn Snail, Cerithideopsis costata (E.M. da Costa, 1778), is the smaller

'sister" to the larger Ladder Horn Snail, Cerithideopsis scalariformis (Say, 1825), a species covered in this column on January 13, 2017. Costate Horn Snails may grow to be a little more than 0.5 inch in length. The two species are the only local members of the horn snail family Potamididae, a group of marine snails highly adapted to living in brackish waters. Accordingly, the Costate Horn Snail is most commonly found living in the muddy backwater of the local bays and estuaries, but shells may also be collected on the local Gulffacing beaches. Learn more about local mollusks at www.shellmuseum.org/shells/ southwest-florida-shells.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop



The Costate Horn, *Cerithideopsis costata*, from Pine Island Sound, North Captiva Island photo by José H. Lea

by and let us inform and inspire you! Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

Shell Found



Halleluiah Jackson

ohoto by A. Zieh

allelujah Jackson, 6, visiting from Indianapolis, Indiana, found a fossilized junonia on February 9 while shelling near White Caps Cottages on Sanibel.

Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

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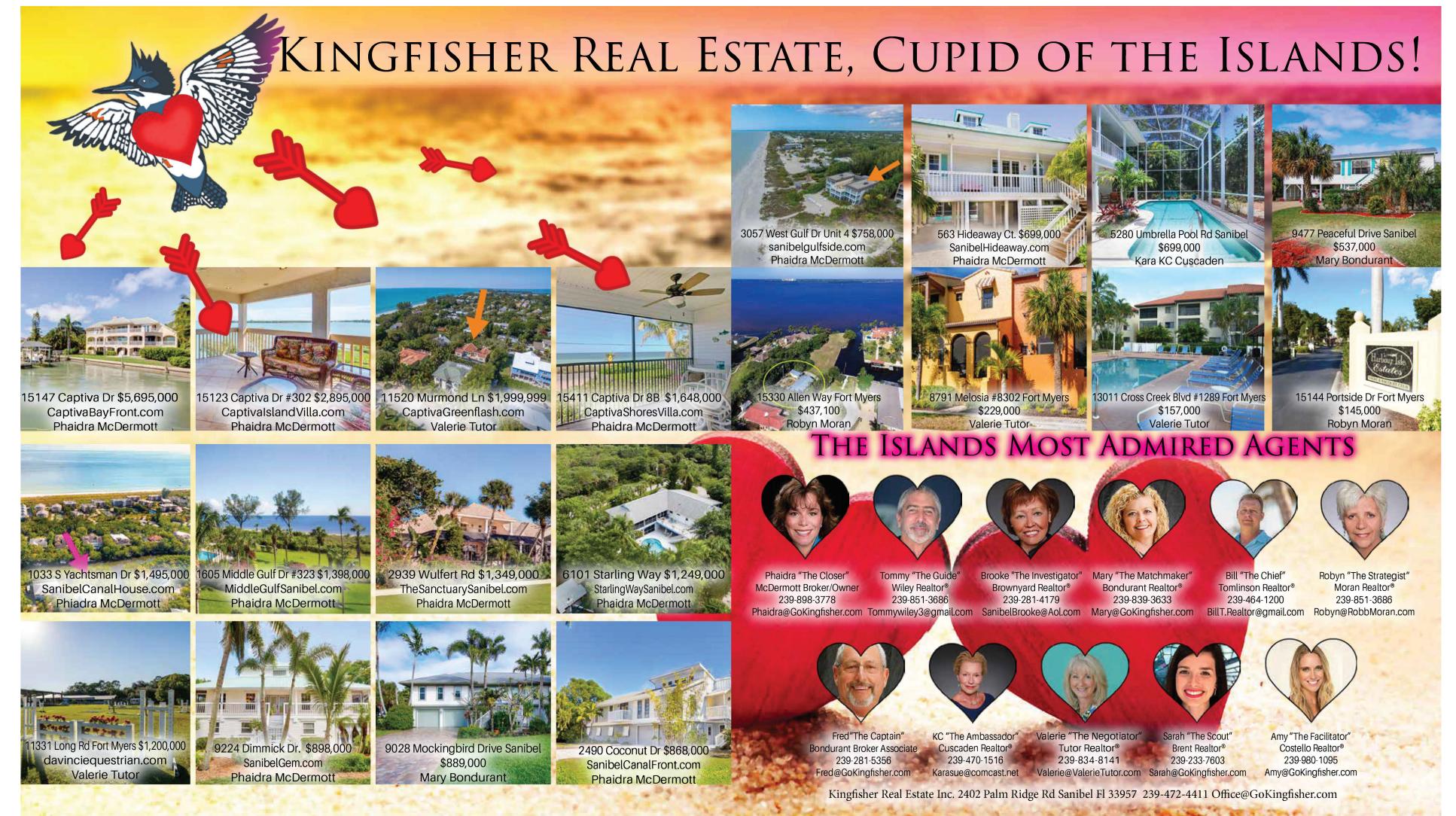
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Roseate spoonbills

Audubon Bird Walk At Refuge

The next bird walk of the Sanibel-Captiva Audubon 2018 season will be held on Saturday, February 10 at the JN "Ding" Darling National Wildlife Refuge. Participants will meet in the overlow parking lot (to the left as you drive in) at 8 a.m. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated; refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted. For more information, visit www.san-capaudubon.org.

Osprey Presentation

or a special Valentine's treat, make a stop at the Clinic for the Rehabilitation of Wildlife (CROW) Visitor Education Center at 4:15 p.m. on Wednesday, February 14 for The Story of Ospreys. Learn all about these large brown and white birds who nest high up on trees and platforms, eat live fish and make a lot of noise.

Ospreys breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe. But it is not always easy to understand, so presenter Claudia Burns, who has monitored osprey nests for 25-plus years as an International Osprey Foundation volunteer, uses photos, videos and recorded vocalizations to explain osprey behavior. The presentation is dedicated to Mark "Bird" Westall, founder of The International Osprey Foundation, who lost his battle with ALS last year.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center at 3883



Pair of ospreys with a fish photo provided

Sanibel-Captiva Road, which is located across from The Sanibel School and exhibits CROW's commitment to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine.

Reservations are recommended, with admission of \$10 for adults, \$5 for teens, and free for children under 13. For reservations or more information, call 472-3644 ext. 229 or email dwaszmer@ crowclinic.org. To learn more about CROW, visit www.crowclinic.org.☆

From page 15

Judges

Florida paleontology. He has described 31 new species of fossil marine mollusks. His most recent publication is a book titled Fabulous Florida Fossil Shells.

Artistic Division Judges

Shannon Webster of Palm Coast, Florida grew up shelling Florida's east coast and began competing with her shell art in 2008. She has won many major awards and is passionate about creating intricate mosaic Sailors' Valentines and other forms of shell art. She is a qualified judge with a discerning eye for detail. Prior to retirement, Webster owned a yacht charter business that allowed her to beach comb around the globe. She is

a fifth-generation Florida pioneer whose great-great grandmother was a full-blooded Seminole Indian.

Phyllis Gray of Orlando, Florida has

Astronaut Trail, Broward. Jacksonville,

Marco Island, Sarasota, St. Petersburg and

the Gulf Coast Shell Club in Panama City

a long-time interest in the ocean and the outdoors. Her first Girl Scout merit badge was the "Sea Life" proficiency badge. She has been a member of the Central Florida Shell Club since about 1970 and has served the club in most offices and committees through the years. She currently is the club representative to the Conchologists of America. She has won awards for both her scientific and artistic exhibits, and has judged artistic entries for eight different Florida shell clubs: Sanibel,

Beach.☆

CROW Case Of The Week:

Tri-colored Heron



by Bob Petcher

he tri-colored heron (Egretta tricolor) is a medium-sized heron, slightly bigger than the little blue heron yet smaller than the great blue heron. Like its cousins, it does have a long,

slender neck and bill. This species differs from the other herons by its white bellies and lighter body color. While it does sport a bluish color, this heron also has rust-brown plumes, white plumes on the back of its neck and an olive-brown leg color to match its beak color.

Tri-colored herons like to wade in shallow waters for feeding purposes. The formerly known Louisiana heron dines on fish mainly but may eat insects, frogs, spiders and members of the lizard family. While they like to breed in colonies, this species prefers to forage alone and will chase off other birds from their feeding

At this time of year, tri-colored herons can be found mainly in the Southeast region, particularly in Florida. While this species suffered a decline in population between 1966 and 2014, it is stated to be back on the rise.

At CROW, an adult tri-colored heron

was admitted to the clinic from Fort Myers. It was reported by the finder that the heron was attacked by another heron. As a result of the fight, the heron suffered a small laceration on its left wing, bruising in its mouth and a corneal ulcer and hyphema of its left eye. CROW officials stated that hyphema is a pooling or collection of blood inside the anterior chamber of the eye. The heron's wounds were cleaned with dilute chlorhexidine. It was started on a course of pain medication and antibiotics to prevent infection including neopolygram, an antibiotic eye drop.

Of its injuries, the heron's eye appeared to be of most concern.

There are superficial wounds on its face and wings, but the eye has blood in the chamber, and an extensive scratch on the cornea," said Dr. Malka Spektor, CROW veterinary intern, who confirmed that the eye was salvageable shortly after the patient's intake.

Eye drops appeared to be the best measure of treatment.

"At this point, antibiotic eye drops are being used three times daily, as well as serum eye drops, which have been shown to help with healing corneal surface defects," said Dr. Spektor.

The altercation with another heron could have been a result of male aggression towards nesting.

"It is likely the fight was over territory or a mate," said Dr. Spektor. "It is the beginning of breeding season, and males will get aggressive to secure the best mates and nesting spots."

The CROW patient was reportedly



Patient #18-0169 could not keep its food down and was found dead in its cage

photo by Brian Bohlman

healing from its injuries, but became very stressed at the clinic. In general, herons exhibit signs of high stress when in captivity. Their nervousness can be overwhelming.

The eye was slowly healing, but the corneal ulcer was still present. The other injuries were also healing," said Dr. Spektor. "Unfortunately, herons can become very stressed in a captive situation, and that was causing our patient to regurgitate everything it was being fed. A feeding tube was planned to provide the patient nutrients; however, the patient was found deceased in its

cage before it could be placed."

Correction: In last week's issue, the photo of the red-shouldered hawk was taken by CROW volunteer Doug Albert, not Brian Bohlman. We apologize for the

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆





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Gear Guide: Paddler-Friendly Rain Jackets



by Walter Cheatham

Norida has two seasons, wet and dry. We are currently in the heart of the dry season. I thought this would be the perfect time to discuss rain gear - before rain

starts falling. Rain jackets are available in about as many variations as there are species in the ocean, but there are a couple of basic options to consider when shopping for the wet season.

The construction of a rain jacket affects its compatibility with your activity. This is a paddling column, so we will focus on staying dry while engaged in athletic pursuits on the water. Two and a half and three-layer laminate rain jackets are what we want. Why? In addition to being waterproof, these are also breathable. Non-breathable materials will result in a sauna inside your jacket, leaving

you just as soaked as if you were not wearing rain gear.

Two and a half layer rain jackets are the most affordable and lightest rain jackets available for outdoor enthusiasts. Lightweight is a priority if you paddle in the subtropics. These rain jackets have a durable outer layer with an additional polyurethane layer attached, then an additional coating is applied. This last layer is the "half" part. The downfall? These jackets are not as breathable and not as waterproof as three-layer construction.

Three-layer jackets are the most expensive, but also the best. While the construction is a little heavier, and so perhaps not ideal for the middle of a Florida summer, it will keep you dry inside and out. There are three distinct layers of construction: an outer "toughest" layer, a breathable membrane, and a liner layer.

Remember, when paddling you will get wet, but how you get wet is up to you. Consider your jacket construction, keep the rain off and have fun.

. Walter Cheatham is an experienced paddler and ACA-Certified Paddling Instructor. Ocean Tribe Paddlers helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit oceantribepaddlers.org or follow on Facebook to learn more.☆

From page 1

Artists Reception

transitioned into the fine art world; first collecting then dealing American landscape paintings (1820-1930). Twelve years ago, after a career as an art dealer, Kulina began painting himself. His work, both in oil and acrylic, is non-objective and primarily concerned with the relationships between color and lateral space. He has developed a style that is both personal and expressive. Kulina lives and paints both on Sanibel and in Montana.

Susan Scott, a resident of Captiva and Sanibel for the past 20 years, is a graduate of Virginia Commonwealth University, where she received a degree in fine arts. While pursuing a career in the design field, she continued to focus on painting in all styles and mediums. Ten years ago, she discovered the fun of playing with fabric, stitches and three-dimensional objects. As time has moved on, she now adds competitive ballroom dancing to her repertoire.

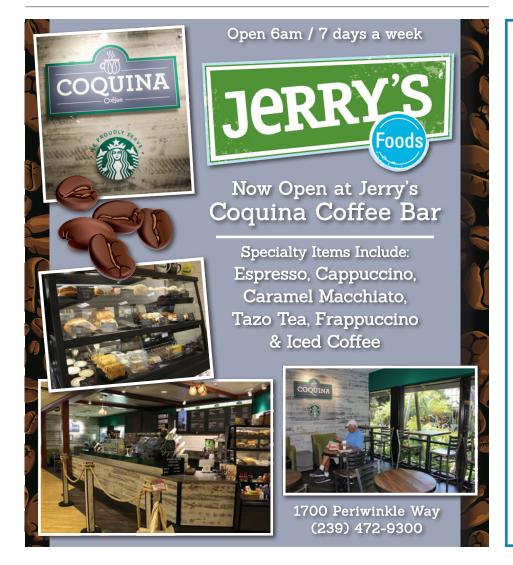


The exhibit runs through

March 15 and is open to the public on Tuesday, Wednesday and Friday from 11 a.m. to 1 p.m. or by appointment by calling 472-2111.

The Captiva Civic Center is located at 11550 Chapin Lane on Captiva.

Our email address is press@islandsunnews.com



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- Terry Teachout, The Wall Street Journal

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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 9, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 9, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, February 9, 2 to 3:30 **p.m.**, \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 9, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Saturday, February 10, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them. Juveniles found "abandoned" might actually be in a natural stage of develop.m.ent. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, February 10, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia

to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, February 12, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, February 12, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Monday, February 12, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, February 13, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, February 13, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

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patient stories. One of CROW's animal ambassadors will be present.

Wednesday, February 14, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, February 14, 11 **a.m.**, adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, February 14, 2 to **3:30 p.m.**, \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

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Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Wednesday, February 14, 4:15 **p.m.**, adults \$10, teens \$5, age 12 and under no charge, advance registration recommended – Speaker Series: The Story of Ospreys (seasonal program) presented by Claudia Burns, International Osprey Foundation volunteer.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Thursday, February 15, 11 **a.m. to 12:30 p.m.**, \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 15, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles:



continued on page 30



Deb Gleason and Aaron Cohen at a previous gala

photos provided

From page 1

Historical Village

was happening on Sanibel at that time; Improving signage and repairing

some furniture to enhance displays; Bringing the electrical capacity of the buildings up to date.

Tickets are still available for \$125

each, and sponsor levels are available at \$1,000 and \$500. For tickets, contact Emilie Alfino at 472-4648 or via email at info@sanibelmuseum.org.
Other sponsors include Bank of the

Islands, Sanibel Captiva Beach Resorts, Doc Ford's Sanibel LLC, The Sanibel Captiva Trust Company, and Congress Fine Jewelers. Also sponsoring are Thomas and Judy Addison, William



Marty Harrity and Billy Kirkland at a previous event

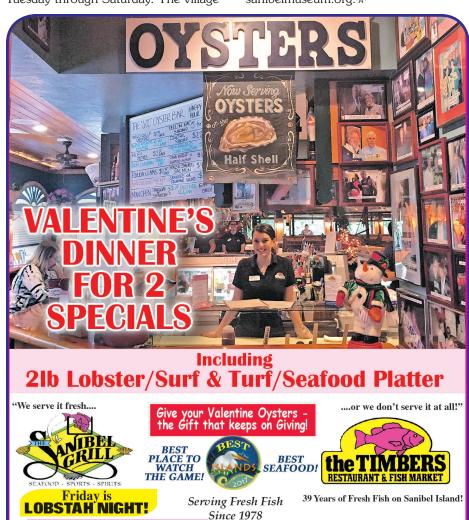
and Gail Bachman, Wayne and Linda Boyd, Ralph and Billye Curtis, Kenneth and Carol Gertsen, Peter and Janet Halliday, Robert and Jane Holder, James and Susan Jefferson, Edward and Dottie Miller, and Timothy and Julia O'Neill.

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. The village

is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; no charge for members and those under 18. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access at the village.

For more information, visit www. sanibelmuseum.org.以





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Shell Museum Hosts Under The Sea Fundraiser



Attending last Saturday's Under The Sea, a fundraising gala for the Bailey-Matthews National Shell Museum, were, from left, Stephanie Muddell, Melanie Moraga, Larry and Holli Martin photos by Jeff Lysiak



From left, museum founding members and volunteers Dick and Barb Hansen with Executive Director Dorrie Hipschman



From left, Dalia Jakubauskas, Nicole McHale and Karen Turner



From left, Pam Burke, Liz Podolsky and Mindy Pierce



Outreach Coordinator Leigh Gay at the live tank demonstration area with gala guest Tuck Schulhof



Joyce Matthys and Anne Joffe



Science Director Jose H. Leal and Collection Associate Jessica Godwin with some of the museum's shell specimens



Nicole McHale and Eric Pfeifer hosted a spirited live auction at the



From left, Melanie Moraga, Steve Greenstein, Paul Gulbrandsen and Salli Kirkland



From left, Christine Szymanczyk, Lisa Anderton, Stephanie Muddell and Katie Padgett



Bronwyn Callero and Jessica Godwin with an artist's rendering of the expanded shell museum

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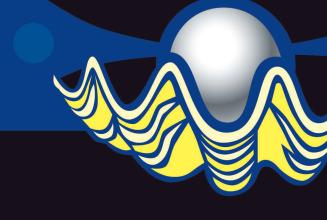














BAILEY-MATTHEWS

NATIONAL SHELL MUSEUM

The Shallot





by Resident Chef Jarred Harris

hallots are a variety of onion native to Southeast Asia. They were introduced to Europe in the 11th century and the Mediterranean regions in the 12th century. Shallots are often mistaken for green onions and in the Caribbean and West Indies, green onions are often referred to as shallots. This wonderful vegetable is related to garlic and has a similar bulbous structure which contains cloves

There are many different varieties of shallots. They are all different shapes, colors and sizes. The banana shallot, French grey shallot, pink shallot and green shallot all have a mild onion flavor and can be used as an onion substitute.

Shallots are valued not only for the unique flavor they add to dishes, but for the nutritional value as well. Shallots are high in potassium, iron and copper.

They also boost circulation, speed up digestion, lower blood pressure and help manage diabetes. Shallots are an excellent anti-fungal and contain antibacterial properties. The best nutritional bonus about shallots is the high content of antioxidants, including kaempferol and quercetin.

This vegetable should be added to your diet on a consistent basis. Here is a simple recipe to try.

Caramelized Shallots

½ stick butter

2 pounds shallots (peeled)

½ cup sugar

1/4 cup red wine vinegar

½ tsp. sea salt

½ bunch flat leaf parsley (chopped)

Method

Preheat oven to 400F

Melt the butter in a skillet or heavy bottom pan.

Add the shallot and sugar, then cook until the shallots begin to brown.

Add the vinegar and salt to the pan, remove from the heat and place in the oven.

Bake in the oven until the shallots are tender (about 10-15 minutes).

Remove from the oven and sprinkle the parsley on top of the shallots.

Serve hot.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.[‡]

From page 26

CROW Calendar

Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.in the function of a healthy ecosystem.

Thursday, February 15, 2 to **3:30 p.m.**, \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 15, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal

LIVE ON THE **ISLANDS**

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment with Woodv Brubaker and Marvilla Marzan on Friday and Wednesday. The Barbara Dexter Duo performs on Saturday and Thursday. Woody Brubaker plays on Sunday. Mike Arnone performs on Monday. On Tuesday, it's Dusk Duo.

> Restaurant owners/managers. please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆



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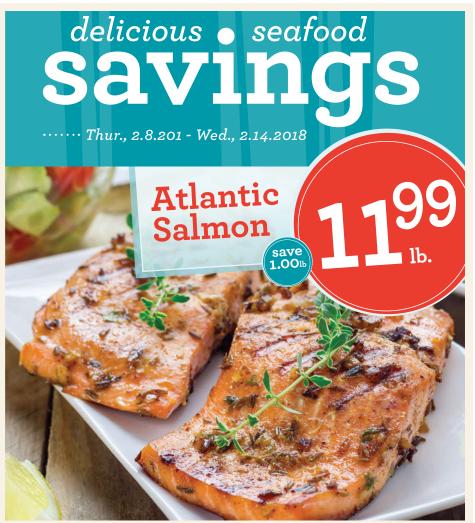
Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to

relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

Regards,

Jerry's of Sanibel





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At Periwinkle & Casa Ybel



Daniel Scofield and Ola Rafalo performing in Carmen

pedagogy from the University of North-

photo provided

Grand Opera Nights Tour Comes To Sanibel

ulfshore Opera's Grand Opera Nights tour returns to the area with performances on Sanibel and in Naples in February and March. After a show in Port Charlotte on Januarry 28 and Marco Island on February 8, the next stop for the talented singers on the tour will be at the Sanibel Congregational United Church of Christ on Saturday, February 17 at 7:30 p.m.

General Director Steffanie Pearce describes the performances as "a sort of buffet of favorite scenes, performed in costume, with a narrator explaining the action." "We presented it last year and

the audience loved it," she said.

The selections for 2018 are from Carmen, Faust, The Merry Widow and West Side Story.

This season, Gulfshore Opera has employed seven professional singers with New York management for a nineweek residency, and several of them will be performing on the Grand Opera Nights tour. The soprano leading lady is Camille Ortiz, a native of Puerto Rico, who recently completed her doctoral degree in voice performance and

Texas. Ortiz will play Vallencienne in The Merry Widow for the Grand Opera Nights series.

Ola Rafało, the Polish-American dramatic mezzosoprano, returns to Gulfshore Opera this year as Carmen in Grand Opera Nights. Rafalo has been called a "vocal powerhouse" by critics, and she has performed in Carnegie Hall, The Kennedy Center and many other places nationally and internationally.

Baritone Daniel Scofield joins the Grand Opera Nights tour as Danilo in The Merry Widow and Escamillo, the Toreador in Carmen. He has performed leading baritone repertoire across the United States including New York City, Houston and Los Angeles.

Tyler Putnam returns to Gulfshore Opera this year as the Resident Artist Bass. TheaterMania describes his voice as "robust and resonant" and audiences will see Putnam's artistry on display on the Grand Opera Nights tour. Putnam has appeared nationally and internationally as his talents are in high demand.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. To purchase tickets, visit www.gulfshoreopera.org or call

The Community House



Simple Life by Sissi Janku images provided

Comedy And Magic Show

A family friendly comedy and magic show featuring Harry Maurer will be presented on Sunday, February 11 from to 8:30 p.m.

Maurer is a comedy magician with a quick wit and charming personality. He was nominated for a prestigious Atlantic City Entertainer of the Year award.

Cost is \$45. Alcoholic beverages available for purchase. Small dinner party menu for up to 20 people for an additional \$25. Register online at www. sanibelcommunityhouse.net.

Coastal Elegance with **Decorating Den Interiors**

A design workshop directed by the Sanibel design team of Decorating Den Interiors will be held on Monday, February 12 from noon to 2 p.m. The workshop will be followed by a luncheon prepared by resident chef Jarred Harris. Cost is \$30 per person. To register, contact The Community House.

Art By You

Jenny Licht's Art by Lanai Palm Bark Art will be held on Monday, February 12 from 6 to 9 p.m. Full instruction and materials provided. Registration can be completed online. Cost is \$70 for members and \$80 for guests.

How Does Your Garden Grow?

The second program in this series will be held on Tuesday, February 20 at 11:30 a.m. Lunch, prepared by resident Chef Jarred, will be followed by a rain barrel presentation by Cathie Lewis. This topic is close to her heart.



Palm bark art by Jenny Licht

"Rain barrels capture and save rain water collected from the rooftop of your home. Rain barrels are a great way to harvest rainwater, supplementing natural rainfall and landscape irrigation outdoors. During extended periods of below normal rainfall, having extra water on hand is a good idea. Water from a rain barrel can be used on all indoor or outdoor plants. Free of most sediment and dissolved salts, rainwater provides free water for landscape plants, including newly planted trees, shrubs, groundcovers and lawns," Lewis said.

If there is enough interest, a separate program will be held to build the barrels. Registration is required by Thursday, February 15 at 3 p.m.

Chef Jarred Cooking Demo

This specialty class with resident chef Jarred Harris is scheduled for Thursday, February 15 from 5 to 7 p.m. and will feature Carrot Ginger and Lentil Soup, Mediterranean Seafood Stew and Crispy Polenta Cakes, and Kiwi Tart with Ginger, Mint and Coconut. Cost is \$45 for members and \$55 for guests.

Registration required by Friday, February 9 at 3 p.m. The next class will be hands-on and held on Wednesday, February 21. Go online for class details and payment information.

Colorful Sips

Sissi Janku's Colorful Sips painting class will be held on Wednesday, March 21 from 7 to 9 p.m. No experience is necessary. Students will explore new ways to paint with acrylics. Bring your favorite snack or beverage. Registration can be completed online. Cost is \$50 for members and \$60 for guests.

The Community House is located at 2173 Periwinkle Wav. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.[‡]

Bazaar Includes Estate Contents And Other Surprises

he Almost Spring Bazaar at Sanibel Congregational United Church of Christ will be held on Saturday, February 24. It will include the contents of an entire house in the Beachview Estates development on Sanibel, thanks to a generous donation. It will also offer the other features that have made this traditional event so popular over the years, including a bake sale, a silent auction and vendors

Because of the increased number of items, and the interest they will generate, this year's sale hours will be extended two hours. The sale will now run from 9

The "bazaar ladies" of SCWIM (Sanibel Congregational Women in Mission) gathered items from the donated house contents including furniture, many sets of dishes, cookware and related items, boxes of jewelry and a myriad of new leather-bound books. It took the volunteers, called the "A-Team," three days to empty the house of its contents.

Donations are still being accepted. If you have items to donate, call 472-0497 or stop by Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.



The "A Team" volunteers, from left, Moon Price, Carol Good, Charlotte Wilcox, Janice McNeal and Barb Cecala photo provided



Bez Ambar of Ambar Jewelry

Special Appearance By Jewelry Designers

ongress Jewelers is hosting a designer show with personal appearances by Bez Ambar of Ambar Jewelry and Laura Bicego of NANIS Italian Jewels on Monday and Tuesday, February 12 and 13. The creator of the quadrillion diamonds,

photos provided

Bez Ambar, along with NANIS designer Laura Bicego, will be showing their respective lines at Congress Jewelers in Periwinkle Place Shopping Center, located at 2075 Periwinkle Way. Two other designer lines will also be featured: Yvel and De Hago.

In 1979, Ambar wanted to create a square cut diamond that was more modern and could rival the round brilliant diamond. After years working alongside diamond cutters, he achieved the look he wanted. He formed



Laura Bicego of NANIS Italian Jewels

Ambar Diamond in 1980 to sell the diamond in the United States, but he found difficultly in marketing this shape without it being mounted. He ultimately drew on his classical training in sculpture and painting to design his own line of jewelry. Unlike the round

brilliant, the square cut diamonds can sit flush against one another, creating a modern and seamless presentation.

Throughout his career, Ambar has developed the most notable design features, from being the first to use microscopes in setting small boundless diamonds, to creating the term "micropave." He has even looked toward the future by creating the Blaze cut diamond. During his two-day show, he will be available for custom design, sketching alongside clients.

Bicego grew up in the industry and learned the hand-engraved artistry from her father in the countryside of Vicenza, Italy. Since her childhood, she has been creating jewelry, and formed her company 25 years ago. Her factory is comprised of mostly women who are skilled in a special technique of handengraved gold jewelry. Every piece is a wearable work of art.

The Yvel collection, designed and manufactured in Israel, features unique pearl and sliced sapphire jewelry.

De Hago is an American made line which specializes in diamond and colored stone jewelry.

'We are fortunate to work with some of the most notable industry leaders and want to share their passion in our family business," said Scot Congress.☆



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Il Cielo provides the most creative and comprehensive Farm to Fork experience on Sanibel Island.

Monday – Sunday, 4:30 to 9pm | Happy Hour Menu, 4:30 to 6pm | Scott McDonald on Piano Tuesday – Sunday, 7pm Serving Sunday Brunch Beginning December 11th, 11am to 2pm (Excluding Holidays)













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Little Fires Everywhere

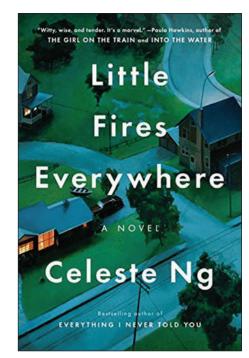


by Di Saggau

elest Ng
has written
another
riveting novel
that traces the
intertwined fates
of the pictureperfect Richardson
family and the
enigmatic mother
and daughter who

upend their lives. Shaker Heights, is a progressive suburb of Cleveland where Elena Richardson rules her suburb as elegantly as she rules her husband and her four children. Mia Warren is a bohemian photographer who has traveled across the country with her teenage daughter Pearl and rents a house from the Richardsons, who feel Mia is deserving and would benefit from their help.

Little Fires Everywhere focuses all of its emotional energy in the relationships between mothers and their children. These are mothers who embrace their children to a fault. The children wallow in their mother's love and then reject it. Elena has four children. She doesn't pay much attention to her three eldest, but her youngest, Izzy, a high school freshman, terrifies her. Izzy was a premature birth, and Elena has never



stopped fearing that something terrible will happen to her. Ng writes, "Every time Mrs. Richardson looked at Izzy that feeling of things spiraling out of control coiled around her again, like a muscle she didn't know how to unclench."

The book takes place in 1998, and Izzy does not respond well to her mother's surveillance. She lashes out and blasts music from her room. Ng writes, "The feeling coalesced in all of them: Izzy pushing, her mother restraining, and after a time no one could remember how the dynamic had

started, only that it had existed always."

Meanwhile Mia has a jealous, exclusive relationship with Pearl, Izzy is drawn to Mia and Pearl is drawn to the comfort and stability of the Richardson house. But Mia carries with her a mysterious past and a disregard for the status quo that threatens to upend this carefully ordered community.

When close friends of the Richardsons attempt to adopt a Chinese American baby, a custody battle erupts that divides the town and also Mia and Elena. Working as a reporter for a small

newspaper, Elena begins investigative work that uncovers one of Mia's secrets. The book explores the weight of secrets, the nature of art and identity, and the ferocious pull of motherhood. One reviewer said: "Yes, it's the story of one Ohio town, but Little Fires Everywhere is not that familiar tale of the underside of the American suburb. It's a powerful work about parenthood and politics, adolescent strife and artistic ambition, and the stark choice between conformity and community." I found it to be a good read.**

School Smart



by Shelley M. Greggs, NCSP

Shelley, Encouraging your children to meet a variety of people, ideas and experiences helps them grow intellectually, academically,

socially and emotionally. Sometimes it's difficult as a busy parent to provide a range of activities that support exposure to such encounters and individuals. I want to let you know that there is a wonderful opportunity for you and your children to participate in a children's program on President's Day, February 19, that will provide Science, Technology, Engineering, Math (STEM) experiences for children, games, giggling, exercise and great fun.

Sanibel Captiva Conservation Foundation (SCCF) is having special presentations for its annual open house from 11:30 to 1:30 p.m. on President's Day. This event includes the opportunity to meet research scientists, STEM activities, plus exhibits, refreshments and fun for the entire family. This program is free of charge and open to all.

Are you or your child interested in marine science, water quality, indigo snakes, sea turtles, shorebirds and native plants? If so, this open house will be a great place to learn more. SCCF's research scientists will be present during the event to answer questions on these topics and more.

The Nature Sounds Contest begins

at 11:45 a.m. with categories for the young at heart; age 4 and younger; and three school age groups. There are prizes for everyone. A special category for groups and families will be added this year.

And at 1 p.m., there will be a special presentation on SCCF's RECON (River, Estuary and Coastal Observing Network) water sensors and weather stations. You will find out how the RECON sensors work and how the information they provide is used by many scientists all over Florida.

After the special events are completed, the hot dogs and lemonade digested, you and your children can hike the nature trails that are behind SCCf's Nature Center. This Nature Center Preserve comprises 240 acres and protects a core component of the Sanibel River and the unique interior freshwater wetland. The preserve encompasses the Sanibel River, uplands and a season freshwater wetland – a unique feature for a barrier island.

So, mark your calendars for February 19 to have great fun with your children while introducing them to amazing research scientists, learning our local coastal environment, the importance of conservation and getting some exercise walking trails.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.





Art League Meeting Features Special Guest

ward-winning artist Michele Barron Buelow will be the guest speaker at the next Sanibel-Captiva Art League meeting on Thursday, February 15 from 1 to 3 p.m. at The Community House. Following the meeting, the artist will at Sanibel Captiva Community Bank on Library Way for a reception from 4:15 to 5:30 p.m. Her works will be on exhibit at the bank throughout the month of February.

Barron Buelow will be discussing and demonstrating one of her favorite pastimes, Plein Aire painting. "I will be bringing my set ups to show the equipment that I use and talk about the process using my pastels," she said. "For plein aire landscapes, pastels are my favorite medium, once I learned how to use them and became comfortable with the colors available, the immediacy of working without a brush energized me.'

Barron Buelow obtained Bachelor of Science degrees from Michigan State University and Eastern Michigan University and practiced interior design in the facilities department of Michigan National Bank for many years. Her art studies began as a youth and have continued throughout her adulthood with many instructors and as an avocation she enjoyed. Upon retiring,



Michele Barron Buelow

photo provided

painting has become her passion. She is multi-medium savvy, working with pastel, oil, acrylic, pen and ink, and collage.

A resident of Portage, Michigan and Fort Myers, Barron Buelow is a member of Fort Myers Beach Art Association (FMBAA), Plein Air Artists of West Michigan, ISEA and a member of the Sanibel-Captiva Art League. She regularly shows and sells work at the FMBAA gallery and other selected sites.

"I love trying to capture what I see in nature and the challenge of doing it outdoors, although the light changes and we are pestered by wind and bugs, it is still a wonderful experience," said Barron Buelow. "It can also be frustrating at times when it doesn't go right, what you have in your mind's eye doesn't project on the canvas."

All Sanibel-Captiva Art League

meetings are free and open to the public. The league's 16th annual Clothesline Art Sale will be held on Sunday, February 11 from 9 a.m. to 3 p.m. at The Community House.

For more information, visit www.

Quartet To Perform At Shell Point

ashington Saxophone Quartet will perform at Shell Point Retirement Community on Thursday, February 22 at 7 p.m. The show is part of the Concerts & Conversations program and will be held at the Grand Cypress Room at The Woodlands at Shell Point. Guests can enjoy fellowship and a dessert reception with the performers following the concert. The event is open to the public, with tickets available for \$25 online at www.shellpoint.org/concerts or by phone at 454-2067.

Washington Saxophone Quartet taps into a rich repertoire from early music to newly commissioned works, drawing on a wealth of experience to reach listeners of every age and



Washington Saxophone Quartet

photo provided

background. The instruments evoke the refined sounds of a string quartet, the rich harmonies of an organ prelude and the excitement of a jazz sax section. The widely-recognized ensemble has played on radio and television worldwide for nearly 35 years, in addition to performing recitals, informal concerts and master classes in the U.S., the Caribbean and China.





Strawberry Parfait

- 2 cups fresh strawberries, rinsed, hulled and sliced
- 8 ounces low fat cream cheese, whipped
- 2 tablespoons natural sugar
- ½ cup low fat vanilla yogurt
- 4 graham crackers, crushed
- 1 lemon, juiced
- 4 sprigs fresh mint (for garnish)

In a medium sized mixing bowl, combine whipped cream cheese, sugar and lemon juice. Fold the yogurt into the cream cheese mixture. In four wide mouth glasses, evenly layer cream cheese mixture, strawberries and crushed graham crackers. Garnish with sprigs of fresh mint. Serve chilled.☆



Strawberry Parfait

photo courtesy Fresh From Florida

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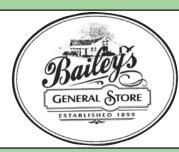








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Keller Williams with More Than A Little

A Funky Evening Planned For SCCF Fundraiser

he headliner for this year's Beer in the Bushes fundraiser for the Sanibel-Captiva Conservation Foundation (SCCF) will be Keller Williams with More Than A Little. Hailing from the Richmond, Virginia R&B Gospel scene, their music has been described as "live soulful R&B flavored booty shaking funk played by show stealing up front singers (as opposed to background singers).

"We are so excited about creating a very funky evening with this year's band," said SCCF's event producer Jeff Siwicke. "Please come dressed in 'Soul Train' attire of the '70s era (big collars and bell bottoms encouraged). We're transforming the grounds of the Nature Center into 'Funkytown'. There will be surprises to discover, and guests can choose a delicious dinner from a variety of food trucks as well photo provided

as tastings from Southwest Florida's best microbreweries.

Beer in the Bushes benefits SCCF, dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

This outdoor rain or shine event is set for Saturday, March 31 from 6 to 10 p.m. Local microbreweries will be offering tastings of their finest craft beers. Sanibel's Catering by Leslie Adams will coordinate local food truck offerings to complement the beer tastings. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks. The event takes place at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road.

Tickets are \$70 and must be purchased in advance by visiting www.sccfbeer. eventbrite. Sponsorship opportunities are also available by calling Cheryl Giattini at

Tickets will sell out, so reserve soon. Parking is limited; bike or carpool, if possible.☆

BIG ARTS Corner

Workshops And Seminars

IG ARTS is offering the following workshops and seminars. Clothed Model Open Studio with Eleanor Gause, Tuesday, 9 a.m. to noon February 13 and 20.

Creating with Polymer Clay with Martha Grattan, Tuesday, 6 to 9 p.m. February 13 and 20.

Poetry Immersion Extravaganza: Learn to Write, Read and Fall in Love with Poetry with Myra Klahr, Tuesday, 10 a.m. to 2 p.m. February 13.

So Much More Than a Matter of Life and Death: Scientific Approaches to the Mysteries of Conscious Self-Awareness and the Survival of the Human Psyche with Ran Niehoff, Tuesday, 9:30 to 11 a.m. February 13 to 27.

Learn to Write a Beach Style Mystery

Novel with Nancy Daversa, Wednesday, 10 a.m. to noon February 14 and 21.

Clay 101/201: How to be Creative with Clay with David Hoggatt, Thursday, 9 a.m. to noon February 15 to March 22. Clay Sculpting and Pottery on the Wheel with Marjorie Bronsted, Wednesday,

3:30 to 6 p.m. February 21 to March 28. Splashes of Color with Linda Benson,

Thursday, 10 a.m. to noon February 22. Spanish I and II with Barbara Peterson, Saturday, 9 to 10:30 a.m. February 24 to

March 31. Basics of Oil Painting Oils with Ease with Douglas David, Monday and Tuesday, 9:30 a.m. to 3:30 p.m. February 26 and

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/ workshops, or email info@bigarts.org.☆ **Academy Award Contenders**

The Shape Of Water



by Stan Gembicki

Wednesday, February 14 at 12:30 p.m., Island Cinema will show the seventh movie in this year's BIG ARTS Film Society Academy Awards Contenders Film Series, The

Shape of Water. After the movie, a discussion will take place. Tickets are available at Island Cinema. Other movies in the series will be announced prior to the weekly showing.

The Shape of Water is a 2017 American fantasy drama film directed by Guillermo del Toro and written by del Toro and Vanessa Taylor. The film stars Sally Hawkins, Michael Shannon, Richard Jenkins, Doug Jones, Michael Stuhlbarg and Octavia Spencer.

An other-worldly fairy tale, set against the backdrop of Cold War-era America circa 1963. In the hidden high security government laboratory where she works, lonely Elisa (Hawkins) is trapped in a life of silence and isolation. Her life is changed forever when she and co-worker Zelda (Spencer) discover a secret classified experiment.



At the 90th Academy Awards, the film received a leading 13 nominations, including Best Picture, Best Director, Best Original Screenplay, Best Actress for Hawkins, Best Supporting Actor for Jenkins and Best Supporting Actress for Spencer. It also won for Best Director and Best Original Score at the 75th Golden Globe Awards, on top of five

other nominations.

Alan Ruben will moderate the after film discussion. The film is 2 hours and 3 minutes long; Showtime is 12:30 p.m. at



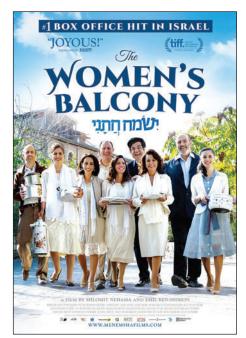
The Women's Balcony

by Di Saggau

he BIG ARTS Monday Night Movie for February 12 is The Women's Balcony, a comedy/drama from Israel. A synagogue is divided when a balcony collapses, resulting in a social conflict. The congregation's rabbi falls ill and while plans are in the works to renovate the house of worship and his replacement, the younger, more conservative Rabbi David comes up with ideas that divide the community along gender lines.

When he insists that married women cover their hair, the women resist. After the women raise enough money to fix the balcony, he further insists that the money be used for a new Bible scroll. The Women's Balcony immerses the viewer in a culture whose rules may seem unusual to outsiders.

The film was a huge box office hit in Israel. It's an eccentric portrait of a devout community suddenly under pressure from a super Orthodox rabbi to observe their faith in a more rigid way. The mood is that of a gentle and affectionate comedy with some extremely sharp points about fanaticism, sexism and tolerance.



The Women's Balcony is funny and profound. It runs 96 minutes. The moderator for the evening is Judy Adler.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.

To advertise in the Island Sun Call 395-1213

Jeweler Hosting Designers For Valentine's Day

ily & Co. Jewelers is going all out to "Save the Males" this Valentine's Day with a one-stop shop now through Valentine's Day, Wednesday, February 14. Renowned designers Lecil Henderson and Kabana will make personal appearances on Monday and Tuesday, February 12 and 13, just in time to save the males.

Lecil Henderson, of the Henderson Collection and LUCA by Lecil, credits Frank Lloyd Wright's design sense and his mother's common sense for his comfortable, stylish lines. He has built collections that move and flow with a woman's form and created a trademark with various shades of gold including brown, black and blue.

Kabana jewelry epitomizes superb quality and brilliant creativity. Like the women Kabana adorns, each piece reflects a lifetime of refinement. Make this Valentine's Day a memorable one with a piece hand-crafted by the "Master of İnlay."

The Lily team will be on hand to assist in choosing that heart-melting piece complete with professional gift wrap, a red rose from Wilson Landscaping, a 10-inch plush Teddy bear, Norman Love chocolates and a romantic card from MacIntosh Books and Paper. The Platinum Package (for purchases of \$750 or more) includes



The Lily & Co. Teddy bear photo provided

dinner for two at Traders Cafe or the new Traders 2 in The Village Shops.

This year, a designated case will have hand-selected treasures up to 50 percent off – a once in a lifetime

"It is one sweetheart of a deal," said Dan Schuyler, co-owner of the store. "We love partnering with other island businesses to save the males and show them how the best Valentine's Day can be easy.

Lily & Co. Jewelers is located at 520 Tarpon Bay Road on Sanibel. For more information, call 472-2888.





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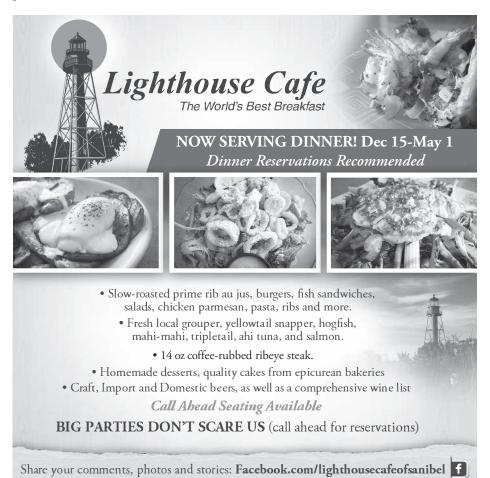




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Jeweler Donating Proceeds To Wildlife Society

by Jeff Lysiak

ne of the highlights of each year's Go Wild For "Ding" fundraiser, which will take place on February 14 at The Community House, is the live auction. The opportunity to bid on – and win – unique items and experiences while supporting the wildlife, conservation and education efforts at the JN "Ding" Darling National Wildlife Refuge always brings out the best of all those in attendance.

In addition to carvings by famed bird sculptor Jim Sprankle, a guided fly-fishing adventure in Idaho and a signed print by the late island artist Ikki Matsumoto, The Cedar Chest Fine Jewelry has donated a custom designed 14k gold pendant – created especially for the fundraiser – that will be put on the auction block that evening. The pendant features a pair of green heron chicks, with two diamonds set for the eyes.

According to jewelry store owner Pat Zambuto, the idea behind the pendant was born when Carrie Alexander, philanthropic coordinator for the "Ding" Darling Wildlife Society (DDWS), visited the Tahitian Gardens Shopping Center

"I was there to take a sponsor photo with the Blue Goose (the Sanibel refuge mascot) and I handed Pat a flyer," said Alexander. "When Pat saw the drawing



The pendant being sold by The Cedar Chest Fine Jewelry and the flyer with artwork that inspired the piece photos by Jeff Lysiak

of the herons, I could tell she got very excited.'

On the flyer, which was being distributed to gather support for the Go Wild For "Ding" fundraiser, a drawing of two young green heron chicks appears in the lower left corner. The cartoon rendering of the birds was created by Lynne Egensteiner, the daughter of two longtime refuge supporters. Don and



Jewelry artisan Bruce Gordon created the green heron chicks pendant

Virginia Egensteiner.

"When I saw the flyer, I asked if it would be OK if we made a pendant from the drawing," said Zambuto, who noted that the pendant was created by in-house jewelry artisan Bruce Gordon. That pendant will be auctioned off at the fundraiser."

But for people who are not able to attend the event next week, there is another opportunity to purchase the pendant, and at the same time help support DDWS.

The Cedar Chest Fine Jewelry has created three different versions of the green heron chick pendant - 14k yellow gold with .03 diamond eyes, 14k white gold with .03 diamond eyes, and sterling silver without diamonds – that will be offered for sale at their store, located at

1993 Periwinkle Way on Sanibel.

"We will also have one of those pendants on display at the Refuge Nature Store. You'll be able to see it there, but you have to buy it here," Zambuto added. "And 10 percent of all sales of this pendant will go to the 'Ding' Darling Wildlife Society. We like to support anything that has to do with

Birgie Miller, executive director of DDWS, is thankful for the generosity of Zambuto and her business.

"Pat and The Cedar Chest have been longtime supporters of the refuge and the wildlife society," said Miller. "We are very grateful to have their support, along with the support of so many island businesses."₩

Upcycled Art Show This Tuesday At SCCF

top by the SCCF Nature Center, located at 3333 Sanibel-Captiva Road, on Tuesday, February 13 to see unique, upcycled, sustainable creations from artist Barbara Warner during her one-day-only trunk show, held from 10 a.m. to 4 p.m.

All are invited to browse and buy these original upcycled works of jewelry and gifts created from cast-off fabrics, discarded plastics and other previously used materials. Warner has generously agreed to donate a portion of her sales to SCCF. For more information, call 472-2329.☼







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VOL. 25, NO. 32

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 9, 2018

Adult Series And Seminars Offered At Sea School

by Jeff Lysiak

This month, Sanibel Sea School will offer its second four-week series of adult workshops, while two brand new community seminars, focused on fracking and nature photography, will be held in March.

Following last month's popular Birds of the Beach classes, another series of workshops will be held from 9 a.m. to noon on consecutive Wednesdays, February 21 and 28, and March 7 and 14, called Rivers: The Great Connectors. They will be taught by Dr. Bruce Neill, co-founder and executive director of Sanibel Sea School.

"Humanity has a very close relationship with rivers, but I think they're most commonly seen as something we drive over on a bridge," said Dr. Neill. "What happens



"Doc" Bruce Neill conducting an adult class on a Sanibel Causeway beach

upstream affects what occurs downstream in a very meaningful way."

Rivers are the connections between so many things in our natural world. They

connect lakes to oceans, people to water, and inland habitats to coastal communities. During this lecture-based course, participants will explore these connections. This photo provided

will include in-depth discussions related to energy flow within rivers, biological communities and watershed management. Students continued on page 17B



The beach and the infinity pool are overlooked by all the main living spaces

photo by Virginia Jones

Zonta Announces First Home On Tour: Sea Glass

submitted by Sue Denham

armony and tranquility. Flawless design. Breathtaking views. A seamless blend of colors, textures and styles. This is Sea Glass, the first home to

be announced on Zonta's 17th annual A Peek at the Unique home tour, the fundraiser that empowers women and girls.

Set for Saturday, March 10, the event again promises rare treats for "Peekers," as they step into otherwise inaccessible island homes. Tickets are still available but don't delay; the event has always sold out. As always, three more equally intriguing homes will be featured on the tour this year.

Homeowners John and Kathy Dubuque continued on page 10B

Kiwanis Celebrates 45 Years Of Camaraderie And Service



Kiwanis keeps history alive. An old propane tank from the *Algiers* steamboat was salvaged and now fuels the outdoor kitchen for Kiwanis Spaghetti Dinner. photo provided

submitted by Tom Sharbaugh

A celebration is in order for the Sanibel-Captiva Kiwanis Club. This year, 2018, marks the 45th anniversary of the creation of the club. On May 17, 1973, 15 local businessmen met to organize the group and secure a charter from the Florida District of Kiwanis International. The club's first

president, local attorney Dick Broeder, received the club's charter three weeks later, and the island club was formally off and running.

Kiwanis International is dedicated to "Serving the Children of the World," and in 1973, the newly founded Sanibel-Captiva club decided they would bring that mission down to the local level by

continued on page 18B

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Wildlife Society Scholarships **Application Nears**



Some of the DDWS 2017 scholarship winners with Education Committee Chair Wendy Kindig, far left, and DDWS Associate Director Sarah Lathrop, far right photo provided

pplication deadline for about 14 scholarships from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), ranging from \$1,000 to \$1,500 or more each, is March 31. High school seniors, college students and graduate students in or from Lee, Collier, Charlotte, Hendry and Glades counties pursuing degrees in environmental-related studies can apply.

The scholarships will be awarded at a ceremony at the JN "Ding" Darling National Wildlife Refuge in June.
This is the 12th year that DDWS will

be awarding scholarships. The program began in 2005 with scholarship awards in 2006 from Tarpon Bay Explorers, the refuge's official recreation concession. To date, DDWS has awarded \$90.000.

"Tarpon Bay Explorers started the program by offering two \$1,000 scholarships in 2005," said DDWS Executive Director Birgie Miller. "When four applicants turned out to be highly deserving, they doubled their commitment that year. Through the years, co-owner Wendy Schnapp has increased her annual contribution to \$5,000 and has awarded 41 scholarships. We applaud Tarpon Bay's commitment to conservation education, always generous support of the refuge, and effective seeding of a program that now annually awards up to \$15,000 to local students.

Interested students can find more information and printable application forms at www.dingdarlingsociety.org/articles/student-scholarships.

It is still possible to honor friends and family members with a conservation scholarship in their name. To learn more, please contact Birgie Miller at 472-1100 ext. 4 or director@ dingdarlingsociety.org.

Named scholarships to date for 2018 include: Richard Bailey Memorial Scholarships (two scholarships); Mike and Terry Baldwin Scholarship; Dr. Andrew and Laura Dahlem Scholarship; Dr. H. Randall Deming Scholarship for Conservation and Environmental Studies, a permanently endowed scholarship; Hans and Leslie Fleischner Scholarship (two scholarships; Mary Elaine Jacobson Memorial Scholarship; Francine Litofsky Scholarship; Tarpon Bay Explorers Scholarships (four scholarships); and Jane Werner Environmental Scholarship, a permanently endowed scholarship. 举

Free Tax Return **Assistance**

he Volunteer Income Tax Assistance (VITA) Program offers free tax assistance for qualified taxpayers. Households who make \$66,000 or less, are not self-employed, and who need assistance in preparing their tax returns can qualify for the VITA program. VITA preparers are certified trained volunteers through United Way that can inform taxpayers about special tax credits that may be applicable such as earned income tax credit, child tax credit, and credit for elderly or the disabled.

Those wishing to have their tax return completed through the VITA Program must make an appointment and bring the

Photo identification;

Social Security cards for you, your spouse and your dependents;

All wage and tax statements, including Forms W-2, W-2G, 1099-R,

Interest and dividend statements; Last year's tax return;

Any other tax documents you have received.

Note: If you are filing a joint return, both you and your spouse must be present at the appointment.

VITA offers tax preparation at the FISH Walk-In Center, located at 2430-B Periwinkle Way, starting Friday, February 9 from 9 a.m. to 1 p.m. Other dates include February 16 and 23, March 2 and 16, April 6 and 13. Appointments are required and fill up quickly. Contact Kathy Y. Monroe at the FISH Walk-In Center at 472-4775 to reserve an appointment time.

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Sanibel-Captiva Republican Caucus Meetina

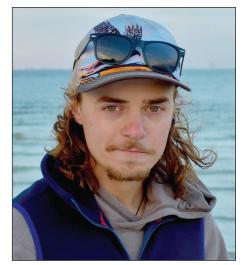
ill Meierling, chief marketing officer and executive vice president, external relations and strategic partnerships for ALEC, will be the

next speaker in the Sanibel-Captiva Republican Caucus 2018 Speakers Program, which will be held in Fellowship Hall at Sanibel Community Church, located at 1740 Periwinkle Way. He will speak on Saturday, February 24 at 10 a.m. The public is welcome to attend.

The American Legislative Exchange Council (ALEC) is America's largest nonpartisan, voluntary organization of state legislators dedicated to the principles of limited government, free markets and federalism. Comprised of nearly one-quarter of the country's state legislators and stakeholders from across the policy spectrum, ALEC members represent more than 60 million Americans.

Meierling came to ALEC from United Way Worldwide where he served as the director of public relations for the 41-country nonprofit network. He has worked on political campaigns across the United States, Latin America and Sub-Saharan Africa. He is a lecturer on state government affairs, crisis and issue management and multicultural engagement at the Graduate School of Political Management in Washington,

Refreshments will be served. Contact Rick Shewring at 579-0792 for more



photos provided

Marine Science **Educators Join** Sea School

anibel Sea School recently welcomed Charlotte Cadow and Emmett Horvath to the organization's team of marine science educators.

Cadow grew up in Norwich, Vermont and studied environmental science, geology and education at Colorado College. She is a certified yoga instructor, and previously taught at the Catamount Center in Woodland Park, Colorado. An avid adventurer,



Charlotte Cadow

Cadow enjoys many outdoor activities and has spent time harvesting grapes in France and hiking the Appalachian

"I am super jazzed to share the ongoing ocean discovery process with kids, adults and the groovy team at Sanibel Sea School," she said.

Born in Hanover, New Hampshire,

Horvath studied marine biology and studio art at Rollins College in Winter Park, Florida. He is a trained emergency medical technician who has assisted with shark research in The Bahamas and hiked the entire Appalachian Trail. He is also the first former Sanibel Sea School student to join the organization as a full time,

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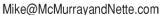


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From left, Tom Uhler, Doug Ryckman and Robert Van Tassel



Linda Uhler and Kris Ryckman



Philip and Roberta Puschel



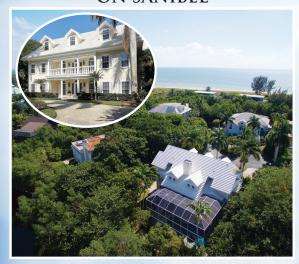
From left, Tony and Angie Lapi with Paige and Doug Babcock



From left, Joel and Bunny Ospa, Bill and Stephanie Rahe and Jill Dillon

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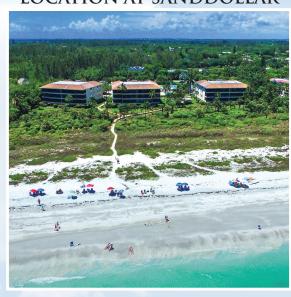
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From left, Bob Platt, Myra Roberts and Wes photos provided

Sponsor Reception Held For New Exhibit

YNQ restaurant hosted a sponsor reception for renowned Sanibel artist Myra Roberts' Dream Peace exhibition on January 30. The exhibit, which will be on view at the Sidney



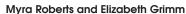
Roxane Olevsky and Paul DiBenedetto

& Berne Davis Art Center in Fort Myers through February 24, features more than 60 pieces: paintings and multi-media found object installations, including talking suitcases that play audio fragments of conversations with Roberts' subjects. The exhibit ranges from Roberts' lighthearted, vintageinspired beach scenes to the Holocaust, Sandy Hook and the Armenian genocide.☆



From left, Mark Mayquade, Ellen Mayeron and Janet Strickland

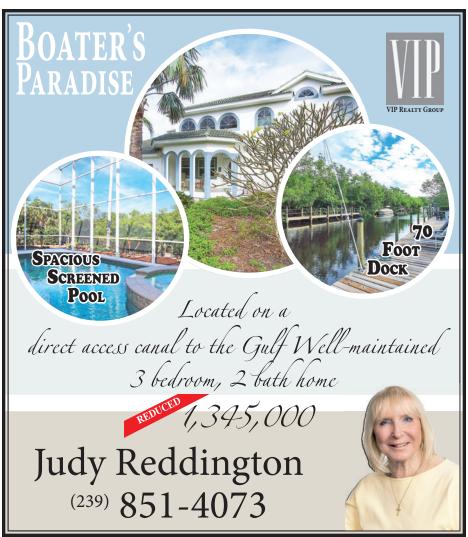






Jim and Denise Carr





Sanibel Students Participate In Science Fair

by Jeff Lysiak

t last month's Thomas Alva Edison Kiwanis Regional Science & Engineering Fair, The Sanibel School had five eighth graders participate, with one student returning with a first place trophy, another placing third overall and three more receiving special awards.

Tye Robison, whose project was entitled The Pull of Plants, won the top prize in the Plant Science category, plus a special award. According to middle school science teacher Dana Sanner, Robison wanted to determine the effects of zero gravity on seeds and the sprouting of plants.

"I experimented taking away the plants' sense of gravity by constantly spinning them," said Robison. "Then, I placed a magnet near one group and the other group had no magnet."

And what were her conclusions? "I found out that the plants did not grow towards the magnets," Robison reported. "The plants did want to grow towards the wall of the container, towards the sunlight.'

The eighth grader added that winning first place was "very unexpected.

Elle Frey's science project,



From left, Elle Frey, Tye Robison, Ella Stroud, Anna Wells and Amber Laborde with the awards they won at the Thomas Alva Edison Kiwanis Regional Science & Engineering Fair

photo by Jeff Lysiak

Eco-Friendly Eating, brought home a special award. Her experiment sought to determine which type of edible cutlery was most effective.

"I created five different types of spoons - a pretzel, a peppermint, a white chocolate, a dark chocolate and a bread – and tried to determine which one worked best with ice cream," said Wells, whose award included a \$200 gift certificate to a science museum. "In the end, the pretzel spoon worked

Goodbye Red Tide was the name of

Anna Wells' project, which won third place in the Environmental Science Category, plus two special awards. Wells sought to determine the best way to remove red tide organisms from the surface of the water.

'In my experiment, I tested two different possible solutions for red tide: algae remover, like what you use in fish tanks, and bentonite, which is a type of powdered clay," said Wells, who also received a yearlong pass to the Caloosahatchee Nature Preserve. "Using the bentonite proved to be the most affordable and effective solution."

Amber Laborde's project Subzero Seeds investigated if seeds would still sprout at the same rate after being frozen.

"I froze seeds to see how well they would be preserved and how long they would take to germinate," said Laborde. "My experiment showed that it really didn't affect the germination, but freezing seeds is a good way to preserve them.

Laborde, who noted that she never expected to enter the science fair, added that she was "kinda shocked my project was recognized."

Finally, Ella Stroud's Ice Breaker project won a special award for creativity. The determined youngster researched deeply into the effects that would most likely make icebergs calve.

"Ice calving is the breaking of ice chunks from the edge of a glacier," said Stroud. "I experimented with scenarios that would make the ice break apart faster, using wind, waves and precipitation."

The Thomas Alva Edison Kiwanis Regional Science & Engineering Fair is an affiliate of the Society for Science & The Public, and selects projects which go on to compete in other state and national competitions, including the prestigious Florida State Science & Engineering Fair and the Intel International Science & Engineering Fair. An awards ceremony was held at Alico Arena on the campus of Florida Gulf Coast University on January 24.☆

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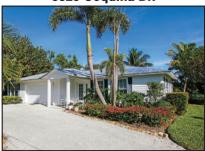
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With its blue-green palette and dramatic art, the living room brings in the elements of beach photos by Virginia Jones

From page 1B

Sea Glass

are no strangers to dedicated "Peekers," as their former residence on San Carlos Bay starred in 2015 on the 14th Peek. At that time, the couple had just sold the property and embarked on two years of planning and building on the Gulf of Mexico. In January 2017, they moved in.

Tucked away down a curving driveway, the blue-shuttered façade rises serenely above classic landscaping. John Dubugue likes sleek and modern; Kathy favors a more traditional style. The answer: teamwork. Joyce Owens, owner and principal architect of Architecture Joyce Owens, LLC, and Diane Knight, owner and principal designer of Sanibel Home Furnishings, worked with the couple, blending their

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A splash of coral in a framed piece, contrasting with the blues and greens throughout

different visions into an enchanting whole.

"While their styles differed, John and Kathy were united in how they wanted to use space – they had a great working relationship," said Owens, whose use of space is her specialty. She reconfigured much of the interior to create a flow from one area to the next, while maintaining the open feel.

Colors, emblems and icons of the sea reflect and honor the home's island setting. The color palette is a range of soft blue-greens, creamy beiges and

white. Glass decor sparkles. Shells and sea creatures abound. The occasional splash of pink, coral or dark blue catches the eye. Sumptuous furnishings and dramatic art fit comfortably into their spaces; huge windows admit stunning gulf views.

To create that special 'Wow,' a great room needs to have layers of color, texture and pattern," said Knight, their long-time interior designer. "John and Kathy have a unique eye, so we wanted every element to be distinctive and special, chosen just for them.'

From gorgeous granite in the kitchen to gleaming, light-filled bathrooms, from cheery guest quarters to the exquisite master on the top floor, this spectacular home invites and delights.

Sea Glass is sponsored by Architecture Joyce Owens, LLC and by Sanibel Home Furnishings. Both Owens and Knight plan to be at the home on

Zonta relies on this annual event to raise its legendary support for empowering women, and recently through its foundation distributed over \$105,000 in grants to 17 Lee County nonprofits.

For tour tickets at \$100 each plus a small fee, tax-deductible to the full extent of the law, visit EventBrite.com or zontascancap.com/Events/Peek for a link. Anyone not comfortable with using EventBrite for any reason may send an email to info@zontasancap.com for assistance.

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The Sanibel Captiva Trust Company, with the Shell Museum's Dorrie Hipschman (front right)



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Patti Brigham

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Report From League Of Women Voters

submitted by Robyn Cook

There is much to be learned about gun safety law-making and the passing of laws. Patti Brigham, first vice president of the League of Women Voters of Florida (LWV) and co-chair of the Florida Coalition to Prevent Gun Violence, spoke to a large luncheon audience on January 18 at the Sundial Beach Resort.

In her remarks, Brigham emphasized that the LWV is a nonpartisan political nonprofit organization whose purpose is to serve voters and to promise good governance. The league supports gun laws that balance individual constitutional rights with the welfare of the community.

The Florida Coalition to Prevent Gun Violence has several goals designed to reduce deaths by gun violence. They include no campus carry, no open carry, no expansion of stand your ground, expansion of background checks to close



Bob Terry

loopholes, and banning large capacity semiautomatic weapons and large capacity ammunition feeding devices.

Brigham shared a great deal of her knowledge of the issue. Some examples of what the audience learned:

There were 38,000 gun deaths in 2016. Of these, 60 percent were suicides and 38 percent homicides;

Abused women are five times more likely to be killed if the abuser owns a gun, yet Florida law does not require convicted domestic abusers to surrender

Guns are the second leading cause of death among 18- to 24-year-olds.

Despite the above statistics, Florida law strictly limits maintaining records of gun sales; background checks are not required by unlicensed, private sellers; there are few restrictions on who can buy a gun; and there is little or no waiting period.

To provide context for the presentation, LWV of Sanibel Board member Robert Terry, a retired Massachusetts judge, provided the group with an overview and analysis of the 2008 Supreme Court case, District of Columbia vs. Heller. In this case,

the court considered the meaning and scope of the Second Amendment for the first time since 1939. In a 5 to 4 decision, the majority opinion, written by Justice Antonin Scalia, finds that while the Second Amendment protects the right of individuals to keep and bear arms, this right "was not unlimited;" it does not protect "the right of citizens to carry arms for any sort of confrontation (emphasis in original). It also states that the amendment "does not protect those weapons not typically possessed by law-abiding citizens for lawful purposes, such as short-barreled shotguns." Justice Scalia wrote that the opinion should not be read to cast doubt on "longstanding prohibition on the possession of firearms by felons or the mentally ill, or laws forbidding the carrying of firearms in sensitive places such as schools and government buildings, or laws imposing conditions and qualifications on the

commercial sale of arms.

Brigham has been closely monitoring several crucial bills which are opposed by the Florida Coalition to Prevent Gun Violence. Two bills before the Florida legislature in 2018 are of concern. SB 1242 would allow individuals to carry guns, including assault weapons, without undergoing a training class or a federal background check if they are "engaged in or traveling to, or returning, but not limited to" a wide range of activities listed in the bill, including cast netting, falconry, bird watching, picnicking, dog walking, etc. This bill essentially would allow anyone to carry a gun without a permit. SB 1048 would allow guns to be carried onto campuses of religiously affiliated schools and colleges, thus circumventing the current ban on carrying guns on campuses. In committee hearings, the hearing room was filled with concerned citizens from across the state who opposed these measures, however, they were not given an opportunity to express their concerns. The coalition supports legislation providing expanded background checks as well as risk protection orders, but bills providing these protections were never placed on the legislative agenda to be heard in committee during 2017 nor have they been placed on the agenda thus far in the 2018 session.

Florida statutes governing firearm sales and ownership include: FS 790.335 – Registration Records,

which makes it a felony to create or maintain a firearm registry. This is a key

platform of the National Rifle Association (NRA), which puts forth the myth that registration of firearms will lead inevitably to confiscation and loss of the right to bear firearms. This law requires second-hand dealers and pawn shops to expunge their records after 30 days. Even law enforcement agencies must expunge their records after 60 days.

FS 790.065 – Buyers of Long Guns and Handguns, which allows anyone who is 18 years old and a U.S. resident to buy a long gun. Handgun buyers must be 21 years old and either a U.S. citizen or a property owner for 90 days or more. There is no waiting period to purchase a long gun and a three-day waiting period to purchase a handgun without a concealed weapons permit. Florida law does not limit ownership of semi-automatic weapons or specify magazine capacity. Neither fingerprints nor any specialized permit is required. (Background checks must be passed

whether it be a long gun or handgun.) FS 790.06 – Concealed Weapons Permits, which allows anyone who is 21 years old and can demonstrate competency in firing a weapon to carry a concealed weapon after a three-day waiting period and a background check. It also accepts permits granted by other states. As of December 31, 2016, 1.78 million Floridians held a valid concealed

weapons permit. FS 790.065 provides a loophole for private sellers. While federally licensed firearm dealers are required to run background checks before selling a firearm, unlicensed, private sellers at gun shows and online unlicensed sellers are exempt. About 22 percent of gun sales are not subject to background checks.

FS 790.174 requires firearms to be secured in a locked box or with a trigger lock when an unsupervised minor is at home unless those in charge of the minor carry the gun on their person. However, a violation of this statute is only a second degree misdemeanor, while maintaining a registry of firearm

purchases is a felony.
FS 776.012 expands the right of self defense in public, eliminates the "duty to retreat if safe to do so," and provides immunity from criminal prosecution or civil action (Stand your ground law).

Contact the League of Women Voters of Sanibel at lwvsanibel@gmail with any questions or if you need further information.☆



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Bridge officers for the 2018-19 season taking their oath of office

photos provided

Boating Club Elects New Leadership

t the annual business meeting, held in January, the Sanibel-Captiva Power Squadron inducted its new leadership for the coming year. The new commander is Pat Schmidt and Joanne Heroy-Giller is the executive officer. Robert Orr is the education officer, Marge Lieblein is the administrative officer, Sandy Heinrich will serve as secretary, and John Fridlington is the treasurer.

The 300-plus member organization is dedicated to safe boating through education and public service. Plans are for over a dozen course are under way, many of which are open to the public and require no pre-requisite courses. These courses range from paddle sports to large

motor boats covering a range of subjects from weather to GPS to marine electrical systems. The club's motto, "Come for the Education; Stay for the Friends" is true to its word.

During the nine-month winter season, the organization meets one evening a month with speakers and also hosts one luncheon to which members may arrive by water or land.

In addition, the squadron works with Lee County and the National Oceanic and Atmospheric Administration in regard to aids and hazards to navigation. For many years, the Boat Smart course has been taught by members to all sixth graders at The Sanibel School.

The Sanibel-Captiva chapter of America's Boating Club is one of approximately 300 squadrons throughout the United States. Through the national organization, favorable rates are available for boat insurance and equipment. For more information, call 985-9472.☆



Commander Pat Schmidt is sworn into office by District Commander Sue Lamostra

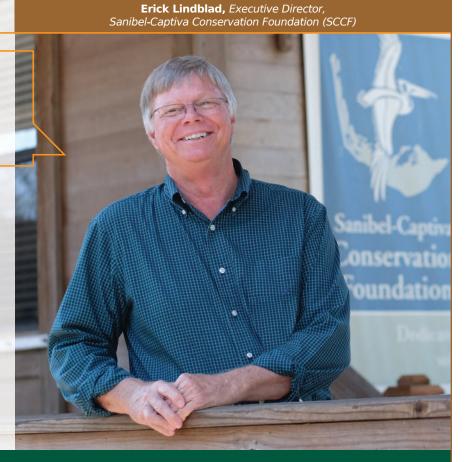
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Sanibel Captiva Beach Resorts team, from left, Doug Babcock, Sergii Melnychenko, Jiri Vilim, coach Paige **Babcock and Brett Gooch**

CHR Mardi Gras Sponsor Party Highlights

he Community Housing and Resources (CHR) sixth annual Mardi Gras sponsor and donor appreciation party was hosted by Sanibel Captiva Beach Resorts at 'Tween Waters Island Resort & Spa. Partygoers cheered on their teams during the annual swim relay race, while sampling appetizers provided by 'Tween Waters and libations from Sanibel Catering Company by Bailey's.

"The Sanibel Captiva Beach Resorts team is the defending champion, but they had some pretty stiff competition last night. It was really an exciting race," said Melissa Rice, executive director of CHR. "If you want to watch the replay of the race and find out who won, come to the CHR Mardi Gras event on Saturday, February 10. It is our only fundraiser, and we welcome your support."

Teams from major sponsors of the Mardi Gras, including Sanibel Captiva Beach Resorts, Sundial Beach Resort & Spa and Sanibel Captiva Community Bank, raced for the right to display the coveted CHR Mardi Gras trophy for the next year.

The winners of the race will be announced at the Mardi Gras fundraiser this Saturday, February 10 at The Community House. Tickets for the event, featuring live entertainment by The Porchdogs, a cajun and zydeco band and riverboat games of chance, are available on the CHR website at www.sanibelchr.org/ mardigras or by calling Melissa Rice at 472-1189.☼



Tom Uhler and Arlene Dillion with the coveted trophy



Sanibel Captiva Community Bank team, from left, coach Kyle DeCicco, Sheri Prange, Mona Strasser, Kristin Dillrio and Veronica Leblanc



CHR board member Dr. Steve Brown and CHR Executive **Director Melissa Rice**



Sundial Beach Resort & Spa team, from left, Mike Davis, Brandon Wooten, Tyler Lackey, Joe Knap and Carlos Sanchez



Dan Wexler and CHR Mardi Gras emcee Arlene Dillon



The three swim teams with their floats



From left, John Morse, CHR Board of Directors Secretary Les Boyle and Tom Louwers



Swim relay onlookers, from left, Kevin Greten, Pat Boris, Sanibel City Council member Holly Smith, CHR board members Doreen Ruane and Richard Johnson



Antoinette Radicchi and Holli Martin of Heidrick Insurance



CHR Board President Richard Johnson addressing the guests



From left, George Campean, Lynne Campean, Tim Garmager, Bonnie McCurry, Richard McCurry and Doreen Ruane



Margarethe and Renee Miville



Colleen Seeger and Sanibel City Council member Holly Smith



Sherry and Doug Gentry



Tony Lapi of Sanibel Captiva Beach Resorts and Richard Johnson, CHR board president



Sanibel Vice Mayor Mick Denham and his wife Sue



From left, Pat Boris, Kay Morse, Dorothy Donaldson and



The swim relay in action

submitted by Shirley Jewell

Preaking
news! Rotary
International and
Habitat for Humanity
have joined together
to help solve the
affordable housing
crisis for low and



moderate income families here in the U.S. and across the globe. This partnership came together in the latter part of 2017 and this year, Sanibel-Captiva Rotary, along with other Rotary District 6960 Rotary clubs, will be involved in an exciting pilot program designed by Bonita Springs Rotary/Lee County Habitat that will focus mainly on the rebuilding and renovation of homes instead of new construction.

Many of our Southwest households escaped the wrath of Hurricane Irma but flooding of the Imperial River in Bonita Springs devastated residents' homes and businesses in that community. They were all but destroyed, and Rotarians were called to help in the cleanup. Not only did Rotarians come from our Rotary district but from all over Florida, Georgia, Ohio, West Virginia and other areas. Sanibel-Captiva Rotarians joined the cleanup efforts and had hands-on experience in removing waterlogged belongings and construction material before mold could destroy every part of the dwellings and businesses. Disaster Aid USA (a Rotary disaster relief assistance team) led this effort. In just a few short weeks, Rotary teams of volunteers cleared away fallen trees from over 200 homes and mucked and gutted 40-plus homes that were uninhabitable due to flooding as high as six feet inside.

Seeing a need to rebuild this community, the Bonita Springs Rotary and Lee County Habitat became development partners for a new Rotary International/Habitat pilot program prototype focused on rebuilding and renovating homes. Sanibel-Captiva Rotary is joining this effort by providing club funding support

with matched dollars from Rotary District 6960/Rotary International along with providing member volunteer hours rebuilding and renovating homes in Bonita Springs.

Fundraising is crucial to the financial side of projects such as this. Last year, Sanibel-Captiva Rotary was able to distribute close to \$100,000 to nonprofits and community organizations – local/national 50 percent, and global 50 percent, with each project offering a hand up, not a hand out to improve the lives of many here and abroad.

San-Cap Rotary's main fundraising event is now fast approaching. The Sanibel-Captiva Rotary Arts & Crafts Fair will be held on Saturday and Sunday, February 17 and 18 at The Community House, located at 2173 Periwinkle Way. This fair committed selects only the very best artisans from all over the country to present one-of-a-kind items handcrafted and their finest work offered at the fair. There are artists in all media and styles; ceramic, digital, fiber glass, jewelry, metal, mixed media, painting, drawing, photography, printmaking, sculpture, watercolor, wearable art and woodcraft. Remarkable art work in classic, modern and whimsical styles.

Although more than 300 artists and craftsmen applied to be considered for inclusion in this year's Rotary Arts & Crafts Fair, a jury panel previewed all submissions and selected just over 100 entries for booth space at the fair. Among those artists and craftsmen are some returning artisans and some first-time exhibitors. The juried process selection is based on high-quality work, the best of the best, along with artists presenting an interesting and varied selection of works.

Community members and their families and tourists alike make attendance at this fair a yearly tradition and, as part of the tradition, plan on buying one of our fair's famous artist designed commemorative T-shirts and sweatshirts to add to their collection of sportswear.

Don't forget to pick up your map of the grounds with information on artists and craftsmen at the fair, and booth locations. The food court area last year located on the Sanibel Community Park grounds was

a hiσ hit

Inside The Community House, you can find an area for sitting down and reviewing information on artists' booths. While inside, make sure to check out the outstanding offerings included in the Sanibel-Captiva Rotary silent auction area. You can bid on premier vacation stays, on-the-road event tickets, off-island adventures, dining out (fine and casual), on-island vacation stays, on-island adventures, fine wines and personal services, handcrafted items, gift baskets, entertainment certificates, jewelry, paintings/art, sports outings and other items. Don't miss this area.

All proceeds from the Sanibel-Captiva Rotary Arts & Crafts Fair go directly into our Sanibel-Captiva Rotary Trust Foundation account and are used to fund grants to organizations and nonprofits, with financial funding for humanitarian causes and building stronger communities throughout the world. Local college scholarships are also funded with proceeds from the fair.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.

Science And Engineering Fair Winners

or the second year in a row, Fort Myers High School student Dahlia Dry is the Best of Fair winner for Physical Sciences at the Thomas Alva Edison Kiwanis Science and Engineering Fair. Her project was about Challenging Limitations: Using Deep Learning, Time Series Analysis, and Statistical Methods for Noise Reduction to Develop an Innovative Approach to Exoplanet Candidate Detection Using Earth-Based Telescopes.

Dry's prize package includes an all-expenses paid trip to the 63nd annual Florida State Science and Engineering Fair in Lakeland, to be held from March 28 to 30, and an all-expenses paid trip to the Intel International Science and Engineering competition in Pittsburg, Pennsylvania from May 13 to 18. Dry will also be an honorary guest of the Edison Festival of Light and ride in its Grand Parade on February 17.

Lee County Schools had one other Grand Award Winner in the Senior Division, Jackson Windhorst, from Fort Myers High School. In the Junior Division, Michael Cherbini and Paven Patel from Dunbar Middle School, Ryan Witt and Andrew Joiner from LA Aigner Middle School, Robert Frost from Three Oaks Middle School and Keegan Brookins from Varsity Lakes Middle School were all Grand Award winners and will move on to compete at the state science fair.

The Thomas A. Edison Regional Science and Inventor Fairs is a sanctioned event of the Edison Festival of Light. It annually attracts more than 700 students from Lee and Charlotte county public and private schools.

Approximately 150 students were recognized for their projects at the awards ceremony held on January 24. More than \$100,000 in scholarships were awarded and some \$10,000 in high end electronics given away as prizes.

Registration Open For Rec Center Fun Days

Register your child now for the upcoming Fun Days on Monday, February 19 and Tuesday, February 20. The Fun Days will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Register in advance and receive the "early bird" rate:

Cost for Monday, February 19 Fun Day with registration by Monday, February 12 is \$30 for members and \$40 for non-members; registration on or after Tuesday, February 13 is \$36 for members and \$48 for non-members.

Cost for Tuesday, February 20 Fun Day with registration by Tuesday, February 13 is \$30 for members and \$40 for non-members; registration on or after Wednesday, February 14 is \$36 for members and \$48 for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.

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From page 1B

Sea School

will also spend time examining different rivers around the world, learning how the Caloosahatchee shapes our marine ecosystem here in Southwest Florida.

"What we're offering really is sort of a biology class on rivers," Dr. Neill added. Session studies include:

February 21 – River Continuum Concept. Students will discuss how rivers are classified and how they evolve over time and geography. This is a fascinating perspective on rivers and how physical, biological and chemical factors combine to determine the nature of rivers.

February 28 - Tropical vs. Temperate Rivers. Although the basic geography of rivers is similar in the tropical and temperate regions, many of the chemical factors and biological communities are very different. Participants will discuss some these differences and compare and contrast these systems.

March 7 – Mighty American Rivers and Their Challenges. There are many great rivers in North America. During this discussion, participants will explore these rivers and examine some of the challenges that humans have presented to the natural wonders.

March 14 - Rivers in Human History. It is hard to separate human history from the rivers upon which it occurred. Students will take a look at how integral rivers have been, and continue to be, in the human story.

Cost to attend each Rivers: The Great Connectors session is \$75; the entire four-week series costs \$300. Open to students ages 18 and up, individuals ages 15 and up may attend if they are accompanied by an adult. There are no prerequisites, but students should have a strong interest in the topic.

Next month, Sanibel Sea School's community seminars - free and open to the public – are designed to give participants a quick and thorough introduction to a variety of interesting topics and skills. Experts have been invited to share their knowledge with students during a relaxed presentation. Following each presentation, there will be an opportunity for questions and discussion.

Nicole Finnicum, the school's director of education, is hoping to convey some valuable information during the seminars. "We want to provide an opportunity for members of the community and friends of Sanibel Sea School to share their knowledge," she said.

On Thursday, March 15 beginning at 4 p.m., Fracking Explained will be presented by Connie Jump, a retired petroleum geologist living in Fort Myers. Her 36-year career was an exciting accumulation of experience with major and small independent oil companies, service companies and consulting firms evaluating, exploring and developing hydrocarbon plays in 10 states, offshore Gulf of Mexico and overseas. Her experience ranges from wildcat exploration, seismic interpretation, reserve assessments, public and government relations and, of course, drilling and fracking.

The first recorded "frack" jobs in the United States were performed in

the 1860s in Northwest Pennsylvania using black powder dynamite, and later nitroglycerine, dropped down shallow oil wells - sometimes with disastrous results. Since those early days, the petroleum industry has greatly modified the technique of stimulating wells to increase their rate of hydrocarbon production.

Hydraulic fracturing was developed in the late 1940s and was a routine oilfield completion procedure by the 1970s. Through research and trial-and-error, the technique evolved to apply to horizontal shale wells, but its technology and goal are the same: use high pressure to pump a slurry of water, sand and chemicals downhole to create a complex fracture network in petroleum-bearing tight rocks that previously would not produce at economic rates.

Please note: While fracking can be a controversial subject, this is a technical information session only and will not be a debate. This presentation is meant to help participants become more knowl-

edgeable and informed.
"We want to give people the facts so they can make an informed decision on their own," said Finnicum.

On Thursday, March 22, photographer Cliff Beittel will present Making Better Nature Photos at Sanibel Sea School. His seminar will begin at 4 p.m. In this seminar, participants will learn how to capture the best photographs possible with the equipment they have. The presentation will be illustrated with photos "from Southwest Florida and beyond.

Session highlights will include examining the advantages of phones, mirrorless cameras, and traditional DSLRs, and which features to look for when choosing your camera; lens choices and other crucial accessories; photography basics, including how to get the right exposure, autofocus versus manual, where to focus, minimizing noise, RAW files versus JPEGs and more; good light and bad light, and learning to see like your camera; shooting during the golden hours; front light, sidelight, backlight, silhouettes, sunrises and sunsets; selecting the proper subjects, how to see them, how to get close, composing the shot, and planning ahead; having fun with long exposures, graduated filters, high-dynamic-range images and tilt-shift lenses.

Beittel has been recognized as one of the best bird photographers in the United States. In 1998, he won the world's richest wildlife photo contest (total purse \$100,000) with a portfolio of birds, mammals and reptiles shot in sweltering South Texas during the four months of the contest. Twenty years later, and now a Sanibel resident shooting mostly in Southwest Florida, his thousands of photo credits include the Audubon, Sierra Club and Inner Reflections calendars, and scores of book, calendar and magazine

"It's great to have a venue to provide seminars like these for the community,' Finnicum added.

Sanibel Sea School is located at 455 Periwinkle Way. To register for any of the workshops, call 472-8585 or email sanibel@sanibelseaschool.org. For more information, visit www.sanibelseaschool.

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From page 1B

Kiwanis

focusing their service work on behalf of youth who live on our islands. Forty five years later, the Kiwanis Club takes pride in its strong record of service to the Sanibel-Captiva community, and its 100-plus members have enjoyed every minute of its colorful history. Here are some highlights:

Making Christmas More Enjoyable

One of the first projects undertaken by the new Kiwanis Club was to create an all-island Christmas tree for the 1973 holiday season. The country experienced a severe fuel crisis in the winter of 1973 and families were encouraged to not light their Christmas trees. So Kiwanis put up a community tree as the only electrically lighted tree on the island for all to share. A year later, the club planted a permanent tree, a 30-foot Norfolk pine, across from The Community House and began an annual tree lighting ceremony, complete with Christmas carols sung by the Sanibel Boys Choir (the Kiwanis Club members). The ceremony would wrap up with Santa's arrival on the Sanibel fire truck. This holiday tradition continued until 1997.

Also launched in 1973 was Operation Santa Claus, which eventually became known as the Santa Run. Parents and grandparents were encouraged to drop off presents for their young children at a central location. And then on December 23,



Kiwanian Doug Congress handles the meatball grill in the Kiwanis outdoor kitchen

photo provided

"Santa," along with his fellow Kiwanis helpers, would deliver these presents to kids all over the islands. The Santa Run continues 45 years later. What started with one Santa Claus in 1973 eventually became a crew of six Santa teams as the island population has

Another Christmas related service the club handles every year has been the lighting of the candles for Luminary Night. Kiwanis members gather at the Lazy Flamingo for a beverage and a social hour, then spread out with their butane lighters to fire up every luminary candle on the path. It's an enjoyable job, despite the occasional paper bag

Supporting The Sanibel School

The Sanibel School has always been a major focus of Kiwanis Club service. In its first year, the Kiwanis Club built a 20-foot by 30-foot open air classroom to expand space at the school. Believe it or not, the original Sanibel Elementary School was constructed without air conditioning due to limited funds available from Lee County. To solve this shortfall, in 1974, the Kiwanis Club committed to a year-long effort to raise \$9,000 so that air conditioning could be added. In September 1975, the new A/C system was in place and ready for use.

One fundraiser Kiwanis used to raise money for the school A/C was to take

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over an island restaurant for a night to hold a spaghetti dinner, with club members doing the cooking, serving and cleanup. This one-time fundraiser eventually blossomed into a longrunning island tradition, as the annual Kiwanis Spaghetti Dinner was begun in

Year in and year out, Kiwanis has supported other assorted activities that enhance local school programs including helping to supplement staff/ curriculum, visits to the school by the Southwest Florida Symphony Orchestra Youth In Schools program and supplying judges for the annual Lee County Science Fair.

Supporting Island Youth Sports Kiwanis also has a long history of supporting youth sports activities on the islands. The club created the island's first Little League team in 1974, and soon a group of island merchants stepped up to create a second team. Kiwanis provided coaches, umpires, equipment and team transportation. The club also pressed the county to invest in improving the playing fields. Finally, in 1976, the county secured funds to build the sports complex. At that point, Kiwanis rebuilt the dugouts and raised funds for a batting machine. Later, the club built a shade cover for the bleachers, and in 1977, built a press box and a snack bar building. In 1982, a 20-foot by 40-foot pavilion was added at the sports complex.

A major driver of the Little League program has been founding club member Dick Muench. After many years spent organizing the league, maintaining the facilities and flipping hamburgers at the refreshment stand, Dick is still known as "The Commisioner" of island youth baseball, even though he hung up his spikes years ago.

Building on the Little League base, the club also supported establishment of a Pony League, a girls softball league and an adult softball league. With the advent of soccer on the island, Kiwanis sponsored the first soccer team, and in more recent years has supported flag football, tennis and archery programs. In 1981, Kiwanis used the proceeds from its spaghetti dinner that year to raise funds for the Sanibel Water Attack Team (SWAT) to push for an Olympicsize pool at the recreation center. Always a sucker for a baseball game,



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Kiwanians enthusiastically staff a beer sales stand at the annual Sam Bailey's Islands Night!

Scholarship Help For Island **Students**

Supporting education for island youth was also an early concern for the Kiwanis Club. This began with grants to help students purchase books. In 1983, a formal scholarship program was established to help local students cover college and vocational training expenses. The Kiwanis Scholarship program has grown over the years. Last year, 24 students received grants for one year or multiple year scholarships, resulting in a total Kiwanis grant investment of about \$40,000 per year. Kiwanis scholarship grantees from the island have attended almost every college and university in Florida, plus schools as far away as Swarthmore, Baylor, Virginia Tech and the University of London, Royal Vet

Support For Other Local Nonprofits Supporting Families And Youth

In addition to Kiwanis Youth Sports and Scholarship programs, the Kiwanis Foundation provides support to a host of other local nonprofits that provide specialized support to families and youth. Grant recipients have included FISH of SanCap, Friends Who Care, Community Housing & Resources, Sanibel Community Association, CROW, Bailey-Matthews National Shell Museum, Sanibel Public Library, Cub Scouts, Girl Scouts, Special Equestrians, Guardian Ad Litum, Ronald McDonald House, Lee Memorial Hospital Arts in Healthcare, Golisano Childrens' Hospital, City of Sanibel Scholarship Fund, Habitat for Humanities, and many others.

Sometimes Kiwanis provides support in a way that is more valuable than mere money - parking cars at their big events. Kiwanians have a reputation for running the most efficient parking operation on Sanibel, despite the occasional casualty from dehydration or heat stroke.

How Does Kiwanis Raise Funds For All They Do?

Kiwanis has two primary sources of funds, both of which are well supported by the people of the islands. One source is the annual Diner's Delight two-for-one restaurant coupon books. These books contain coupons good for a free entrée with the purchase of an entrée of equal value (with a value limit that varies by

restaurant). The upcoming 2018 book will have coupons good at 29 different island eateries. The books go on sale around April 1 and are available for purchase from any Kiwanis member.

The second source of Kiwanis funding is the annual Kiwanis Spaghetti Dinner, to be held this year on Saturday, February 24 at The Community House. For \$10 per person (kids under 10 are free), attendees get an all-you-can-eat pasta feast, with salad spaghetti, meatballs, garlic bread, and wine or soda. After dinner, they get to participate in an exciting raffle and auction and maybe take home valuable prizes. And finally, they get to enjoy the biggest, most fun community block party you have ever seen.

The Kiwanis Spaghetti Dinner has been the source of many colorful stories over the years. There are wild rumors about what goes into the meatballs and "special sauce." (For the record, raccoon has never been an ingredient.)

One true story, not well known, involves the origins of the outdoor kitchen used to cook pasta and sauce, which was put together in the early 1980s. Kiwanian Curt Reinhardt, who worked for the City of Sanibel Public Works Department, knew that a large propane tank and cooking implements had been removed from the old Algiers steamboat when it was dismantled, and that the parts were stored at Public Works. He also knew the city had no use for the propane tank and stoves, so it was arranged for Kiwanis to "requisition" those items. That equipment, along with an old boat trailer frame from another Kiwanis member, became the original Kiwanis portable outdoor kitchen and served for 30-plus years. A few years ago, a shiny new trailer replaced the old original trailer, but the spirit of the Algiers lives on as Kiwanians set up their outdoor kitchen each February for the spaghetti dinner.

Kiwanis Welcomes New Members

The local Kiwanis Club has about 100 members, but there is always room for more. If this sounds like the kind of service group you would like to be involved with, come join us at our weekly breakfast meeting at The Dunes Golf & Tennis Club on Sand Castle Road. Breakfast starts at 7:30 a.m., with the meeting at 8 a.m. For more information, call our secretary, Jerry Edelman, at 677-7299. 公



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Trust Company Supports Programming At Community House



Teresa Riska-Hall accepts sponsorship check from Steve Greenstein

photo provided

eresa Riska-Hall, executive director of the Sanibel Community Association, accepted a \$2,500 sponsorship recently from Steve Greenstein of The Sanibel Captiva Trust Company. The sponsorship funds will be used for the Comedy and Magic of Harry Maurer performance on Sunday, February 11 as well as some of the culinary programming at The Community House.

'We are delighted that The Sanibel Captiva Trust Company has decided once again to assist us in the programming of The Community House," Riska-Hall said. "Harry (Mauer) is a major performer who is in demand and we're lucky to get him to Sanibel." Tickets are still available online at www.sanibelcommunityhouse.net.



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1. Canal Home on Quiet Cul de Sac - Sanibel

- 4 BR/4 BA Gulf access canal home
- · Spacious home with large caged pool
- \$1,895,000 EUR € 1,520,183

2. Stunning Gulf Front Home - Captiva

- 4 BR/3.5 BA with expansive Gulf views
- Featuring 157 ft of beach frontage AND a boat dock on Roosevelt Channel
- \$3,999,000 EUR €3,399,209

3. Bay Front Georgian Home - Sanibel

- · 3BR/4BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with 360 degree water views
- **\$2,750,000** EUR € 2,356,711



- 5 BR/4.5 BA remodeled home on navigable canal
- · Unique, charming, with private enclosed swimming pool
- \$1,099,000 EUR € 881,626

5. Pointe Santo Gulf Front Unit - Sanibel

- 2 BR/2 BA Direct Gulf Front Condo
- · Community pool, tennis, excellent rentals
- \$1,250,000 EUR €1,062,518

6. Newly Remodeled in Sanibel

- 3 BR/2 BA in the Dunes newly remodeled in 2017
- New pool cage, new roof, and newly enclosed lower level.
- \$569,900 EUR € 457,178













7. Sunsets over Clam Bayous - Sanibel

- 3 BR/2BA home located in gated community Heron's Landing
- Featuring private elevator, enclosed & open lanai for unobstructed bayous views
- \$1,199,000 EURO €942,541

8. Sundial West Gulf View Unit

- 1 BR/1 BA remodeled condo with screened in Ianai
- · Gulf views from almost every room, excellent rental
- · \$465,000 EUR €390,818

9. South Seas Beach Home - Captiva

- 4BR/3BA perfect for daily sunsets
- · Fully upgraded, private deck, steps from the Gulf
- \$3,445,000 EUR €2,928,301

10. Cottage Colony West - Sanibel

- · 1 BR/1 BA direct Gulf front remodeled top floor unit
- · Vaulted ceilings, community tennis, pool, and more
- \$645,000 EUR € 517,423

11. Bayfront Home in Ferry Landing

- 3BR/ 2 BA home with private elevator, dock access & panoramic views
- 3rd floor master suite w/ updated master bath & private deck
- \$1.795.000 EUR € 1.439.962

12. Views of Whisper Wood Lake -Sanibel

- 3BR/ 2BA home situated at the end of a cul-de-sac on Sanibel's east end
- Double lot, great rentals, short walk to all that Periwinkle has to offer
- \$469,000 EUR € 376,235









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From left, FISH of SanCap Case Manager Nitza Lopez, winners Janice and Jerry Mader, and Susan Schulte of Bank of the Islands photo provided

Customers Select FISH Of SanCap For Donation

ank of the Islands recently made a nonprofit donation through its We Love Our Islands program. Bank customers Janice and Jerry Mader were spotted with a We Love Our Islands decal on their vehicle, winning them the right to select which local nonprofit group would receive a charitable contribution from the bank. The Maders chose to donate their winnings of \$700 to FISH of SanCap. That donation marks \$74,300 given away to date through Bank of the Islands' We Love Our Islands program.

"We are always so happy to make donations to FISH," said Willy Ocasio, Bank of the Islands vice president and Sanibel-Captiva office manager. "We hope others will join the Maders in supporting FISH by bringing canned goods to the collection basket in our Sanibel office, and by making tax-deductible donations to this incredible non-profit organization.

All islanders are invited to stop by the bank's Sanibel and Captiva offices to learn more about getting a free We Love Our Islands decal and details on how you and your favorite charity can become the next lucky winners.☆

Superior Interiors

Outdoor Decorating At Its Finest



by Jeanie Tinch

Tith so many of today's homeowners desiring to expand their living spaces, it's only natural to incorporate the great outdoors in your next decorating project.

Whether it's a porch, patio, sunroom or lanai, outdoor decorating can become a beautiful extension of your home.

And, as with other rooms in your home, it all begins with a plan. Do you entertain a lot? Is your new outdoor space primarily for your personal and family enjoyment? What activities might be taking place in this new area? Outdoor/indoor games? Dining? Reading? Relaxing?

Once you've determined your needs

and wants, it's time to begin. And with Mother Nature as your backdrop, why not be a bit bolder in your color selections. Creating a bright and dramatic outdoor color scheme is sure to take your new space from dull to dazzling.

Furniture styles? There are a myriad to choose from - all sizes and shapes - as well as countless all-weather fabrics in gorgeous designs. Wicker and rattan continue to be the most popular and comfortable seating selections.

Area Rugs? Yes. For sure! Nothing helps set off a conversational area better than a well-designed area rug. Today's all weather styles will add a definite touch of design excitement to our new outdoor

Lighting? Of course! Especially, if you intend to use your space for reading and relaxing. Task lighting options are virtually

Window Treatments? Not something that you typically think about when designing an outdoor space, but creating a beautiful, functional and practical window treatment can actually help add even more ambiance to your new room's

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.\$

FISH Of SanCap Reports Increase In Service

NSH of SanCap had a record breaking year of service in 2017, with a 43 percent increase in individuals served thanks to the generosity of the Sanibel and Captiva community.

More than 760 families visited the FISH Food Pantry, utilizing more than 151,000 pounds of food. FISH provided 3,720 instances through food programs including the FISH backpack program for kids, holiday food baskets, monthly Friendly Faces luncheons and Meals by

Equally impressive is that fact that FISH volunteers donated more than 6,150 hours of service and drove nearly 34,000 miles to deliver their neighbors to medical appointments, bring meals and pick up food and medical supplies. They also made more than 1,300 reassurance

calls to support to those in need.

Professional FISH staff aided in more than 600 instances of emergency financial assistance, managed more than 1,864 cases and educated 172 individuals with FISH programming workshops. During Hurricane Irma when many residents were impacted by loss of shelter and temporary unemployment, FISH lent a hand in 562 instances to island neighbors

For 2018, FISH has expanded its popular programming and workshop series to include more seminars of interest to local residents including topics such as Taking Charge of Your Financial Health (February 15), Parkinson's: A Balancing Act (February 21), Home Health Networking (February 21) and Alzheimer's Care and Dementia Virtual Tour (March 1). FISH Program Director Kathy Y. Monroe, MSG manages these seminars; contact her for more information at 472-4775.

To learn more about the programs and services, contact Maggi Feiner, FISH of SanCap president and CEO, at 472-4775.⇔



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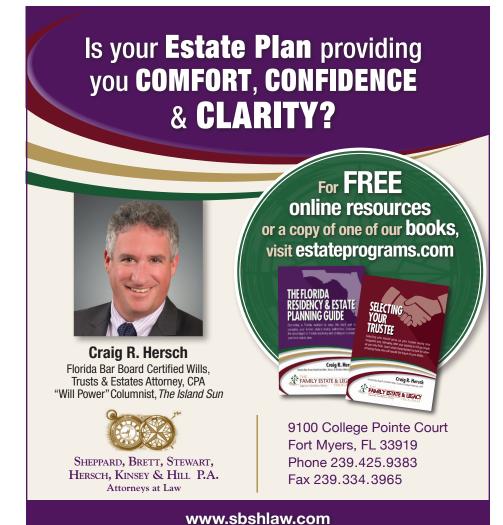
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Diversity Expert To Address Democratic Club

n Thursday, February 15 at 7 p.m., Yemisi Oloruntola-Coates will address the Democratic Club of the Islands at The Community House, located at 2173 Periwinkle Way. The meeting will be held in the Founder's Room and is free and open to the public.

Oloruntola-Coates earned her bachelor in speech communications and English literature from Hofstra University and has an MA and MAMC in strategic global communication management and international relations from the University of Florida. She is also a Fulbright-Hays Fellow focused on monetary unions, economic stability and Yoruba culture in West Africa. Presently the system director of diversity and patient care civil rights at Lee Health, Oloruntola-Coates has contributed articles on diversity to The News-Press, Gulfshore Business, Florida Weekly, Health Research and Educational Trust, and the National Diversity Council.

The push to establish a children's services council in Lee County has been receiving a bit of publicity lately. A children's services council is a type of government entity that is established by county citizens to help fund organizations that service children and families. Oloruntola-Coates will discuss the P4CP (Pennies for Community Progress) effort which she



Yemisi Oloruntola-Coates

is spearheading. Florida is the only state in the nation with laws that allow local county leaders and residents to create such an entity for the sole purpose of investing in the well being of children and families. Attendees will learn ways in which they can support the effort to get this on the ballot.

To join the Democratic Club of the Islands, bring your check for \$35 for a single membership or \$60 for couple, payable to DCI, or mail your check to DCI, P.O. Box 898, Sanibel, FL 33957. For more information, email demclubislands@gmail.com or call 994-3175. 🌣

Refuge Welcomes New **Education Intern**

Education intern Christina Scroggin recently arrived to help the JN "Ding" Darling National Wildlife Refuge with staffing shortages this seaon, thanks to funding from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). Scroggin graduated from Florida Gulf

Coast University in Fort Myers last fall with a major in psychology and minor in interdisciplinary studies. The Miami, Florida native previously worked as an intern for St. Matthew's House in Naples with the development department.

Growing up with Kip Koss, "Ding" Darling's grandson, as a good family friend, Scroggin has long known about the refuge. Recently, she says her interests have taken her away from her college studies and more into the environmental

At "Ding" Darling, she will be helping Sara Hallas, refuge environmental educator, with program development and delivery to local students and visitors.

"I like that I have only been here for a few days and feel as though I am already surrounded by family," said Scroggin, who actually is the sister of part-time refuge ranger Monica Scroggin. "Everyone here is so friendly and so excited to help me with whatever I may need. I've been helping out with the Junior Duck Stamp presentations and am so excited to see all of the entrees this year.

DDWS provides living stipends and



Christina Scroggin

photo provided

other benefits for about a dozen interns each year. The refuge supports interns and resident volunteers with free housing.

"Our interns bring youthful energy, enthusiasm, and creativity to the refuge team," said Supervisory Refuge Ranger Toni Westland. "At the same time, the program gives students and recent graduates an opportunity to learn handson about the environment and refuge operations.

For more information about the refuge's internship programs, contact Westland at 472-1100 ext. 237. To learn about supporting the refuge intern program, contact Sarah Lathrop, DDWS associate director, at 472-1100 ext. 4.\$\displaystyle{2}\$



Will Power

Tax Reform Slashes State & Local Tax Deduction



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

any of you have heard that the Tax Cuts & Jobs Act of 2017 that was signed into law just before year-end slashes the state and local tax deduction to \$10,000. Many homeowners will pay far more in property taxes than they will be able to deduct on their federal income tax return. This includes many in Florida who own residences both here and somewhere else.

Is there anything that you can do? Actually, there is. I recently returned from the Heckerling Estate Planning Conference that is hosted by the University of Miami Law School. It's a week-long conference that's similar to attending

one year of law school in about 40 hours. Top estate planning professionals from around the country attend this annually, picking up high-level continuing education credits. This was my 25th consecutive year of attendance.

Two well-known national experts on these subjects, Jonathan Blattmachr and Marty Shenkman, discussed the use of irrevocable trusts coupled with the use of LLCs to achieve the income tax deduction. While the strategy isn't for everyone, the theory goes that by contributing residences to an LLC that generates income (either from the rental of the property or from the contribution of other income-producing assets) and by having the LLC owned by a certain type of irrevocable trust, the property tax deduction limitations won't apply.

The trusts must be drafted in such a way as to achieve the intended result, and every family will have different objectives and goals. Consequently, there isn't a "cookie cutter" form that will get the job done. Instead, this is a true advanced estate planning technique that actually saves money for the family during the grantor's lifetime.

Pretty cool – at least to a trust attorney!

There's always a rub, as you might imagine. A technique like this would likely invalidate Florida homestead status and thereby remove the Save Our Homes property tax cap ceiling. But it could certainly work for northern residences that don't have the homestead requirements that Florida law imposes.

An additional consideration rests in whether this law will remain in place for any period of time. The new tax act was passed by a thin margin, with no support from any of the Democrats in Congress. What happens in the next election is anyone's guess – and the high tax states like New York, Massachusetts and Minnesota are unlikely to want this law on the books for very long.

Beware – undoing the transaction won't be so easy or without consequence. Because the federal estate and gift tax exemption rose to \$11.2 million per person, however, making intra-family gifts back and forth might be possible, which could mitigate that problem.

The new tax law sunsets, by the way, on January 1, 2026. You might remember that when George W. Bush was in office he signed into law tax reform that repealed the federal estate tax in 2010. That happened to be the year that billionaire George Steinbrenner died. Coincidence? In any event, that law sunset in 2011 and the estate tax returned. It seems that as the political pendulum swings,

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so does the tax law.

The new law provides all sorts of planning opportunities. With the estate tax affecting fewer people, those with large unrealized gains will be looking to plan their trusts to achieve maximum step-up in tax cost basis, minimizing capital gains for loved ones who inherit appreciated assets. The funny thing is, that in order to accomplish this the strategies run counter to the planning that one usually embarked on to minimize the estate tax.

Creative use of family partnerships during lifetime could also result in lower tax bills for many wealthy families. I plan to write about these strategies in future

Just as they warn in those crazy television shows where people jump off mountains wearing flying squirrel suits – don't try these strategies at home! There's much to consider and one should consult a highly qualified professional well versed in these matters before diving in.

As one of the speakers at the Heckerling conference said, "They're going to have to close the loopholes in the Cuts & Jobs Act. Once good attorneys help clients figure all of this out, the \$1.5 trillion price tag the Congressional Budget Office predicted will be just a drop in the bucket to what this really will end up costing the government.

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Community Panel To Meet February 13

he next meeting of the Captiva Community Panel is set for Tuesday, February 13 beginning at 9 a.m. in the Auger Room on Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items: Approval of Captiva community

Update on North Captiva Coastal Construction Control Line issue; Update on Captiva Drive traffic

Update on priority committees including wastewater alternatives, invasive species, Captiva Drive bike/ped improvements and island rentals;

A Captiva Fire District update; Other business as necessary.

There will also be a public workshop for community comments on beach issues affecting the island. The workshop begins at 10 a.m. in the same room, and issues will include: beach cleanup; beach paraphernalia left on beach at night; proper disposal of fishing line; dune vegetation protection; plastic straws on beach; open fires

without permit; vendors on beach; amplified music on beach; large tents and extended canopies on beach; alcoholic beverages on beach; peddlers and buskers on beach.

Workshops are being held to solicit public input on a range of issues affecting the island, as part of work to update the Captiva Code language for county approval. The schedule of workshops after the February 13 event:

February 28 – Public workshop on Island Water Quality, Quality of Adjacent Waters and Shoreline

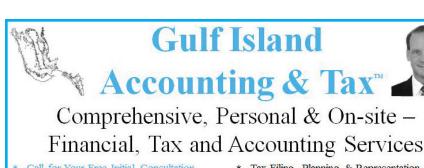
Protection Issues; March 13 — Panel meeting. Public workshop on Transportation, Traffic, Road and Parking Issues (after panel meeting);

March 28 - Public workshop on Historic Development Patterns and Native Trees and Invasive Pests;

April 10 – Panel meeting: Review initial survey results. Public workshop on other issues (after panel meeting).

A community survey on all these issues will also be offered online for those unable to attend the workshops. Details on that survey are online at www.captivacommunitypanel.com.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will be held on March 13. Information and background documents are available at



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Local Business Donates To Cancer Center

he Sells Sea Shells recently donated another \$1,500 to the Lung Cancer Research Fund at the Moffitt Cancer Center.

During a year-long campaign, where a special T-shirt was created for the 40th anniversary of the store, the owners donated \$4 from every shirt sold to the Moffitt Cancer Center. The total donation was \$3,000.

Some of our customers have been coming year after year and loved the idea of wearing a T-shirt celebrating our anniversary that was also for a good cause," said Michael Joffe.

H. Lee Moffitt Cancer Center

& Research Institute is a nonprofit cancer treatment and research center located in Tampa, Florida. For more information, visit https://moffitt.org.



Anne and David Joffe of She Sells Sea Shells with Kelly Gicale, director of planned giving at Moffitt Cancer Center photo provided

Giving back to the community is a core value of She Sells Sea Shells and has been an ongoing practice for its 40successful years in business.☆

Trust Company Hosting Florida Domicile Program

The Sanibel Captiva Trust Company is offering a round table seminar on How to Establish Florida Domicile on Thursday, February 15 from 3 to 4:30 p.m. at its Sanibel office board room, located at 2460 Palm Ridge Road.

The event is being hosted by Robin L. Cook, executive vice president of The Sanibel Captiva Trust Company, and David M. Platt, Wills, Trusts & Estates attorney, Henderson Franklin Attorneys at Law. Cook will explain the importance of understanding the definition of Florida Domicile and why it is critical for new residents to follow steps to establish it.

"So often, new residents to the area believe that purchasing a home here and spending part of the year means they have 'domiciled,' which provides them with the privileges and benefits of Florida estate tax laws and protections, but that is not the case," said Cook. "There is much more to it and this is what we address at our



Robin L. Cook

photo provided

seminar."

Seating is extremely limited in this roundtable format, designed to maximize time with the advisors. Reservations are required; \$2 million investable assets and higher. Reserve your seats by calling 472-8300 or via email at fsteger@ sancaptrustco.com.☆

Teens After School Program Spring Trimester

take advantage of the "early bird" rates, you must register by February 14 for the 2017-18 Sanibel Recreation Center Teen Scene After School Program spring trimester. Stop by the Sanibel Recreation Center, located at 3880 Sanibel Captiva Road, to sign up.

Teens will have a variety of on and off property activities throughout each school week including but not limited to:

Entry level conditioning clinics hosted in the Sanibel Recreation Center weight

Island exploration and beach days; Daily use of the recreation center after school program amenities;

Community service opportunities;

Homework time;

Healthy snack provided.

Transportation for island activities will be provided via the city van. A full schedule will be available at the recreation center front desk. The After School Teen program runs Monday through Friday from 2:10 to 5 p.m. throughout the school year. It is available for children ages sixth through eighth grade. Offered again this year will be trimester payment options. The After School Program registration fees are as follows:

Spring trimester (February 21 to May 30), registration by February 14, members \$176, non-members \$219; registration on or after February 15, members \$211, non-members \$263.

Financial assistance is available to families of program participants based upon individual need. For more information, call 472-0345 or visit www.

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Spring Training Will Begin Despite Many Unsigned Free Agents

by Ed Frank

The baseball Spring Training equipment trucks have been loaded and are on their way to Florida and Arizona. But the big question is what about the more than 100 free agents who hadn't signed contracts early this week?

In the quietest, strangest off-season, there are many reasons about not signing free agents given by baseball owners, even though pitchers and catchers are scheduled to report to camps on Wednesday, February 14.

One agent, Brodie Van Wagemenwag, was even quoted in the *Chicago Tribune* saying free agents might have to boycott Spring Training to force owners and general managers to come to the table. That threat was immediately downplayed by

many in baseball

At the time of this writing, the Boston Red Sox still hadn't signed their No. 1 prospect, slugger JD Martizenz. Top free against pitchers Yu Darvish and Jake Arrietz also remained unsigned.

There are other theories for the signing delays: There will be a banner crop of free agents next year – Bryce Harper, Manny Machado, and others. So maybe teams want to save their dollars this year.

Baseball Commissioner Rob Manfred agreed. At last week's owners meeting, he said "Every [free-agent] market is different. There's different players, different quality of players, different GMs, different decisions, a new basic agreement, different agents who had particular prominence in a particular market in terms of who they represent."

Rest assured, however, there will be springing baseball soon at JetBlue Park and CenturyLink Sports Complex.

Everblades Cling To First Place

The Florida Everblades hockey team started this week with a four-point firstplace lead over South Carolina. The team is home this weekend at Germain Arean hosting Allentown Friday and Saturday nights. take place on Monday, February 19. Workouts are free and open to the public.

VIP pregame tours are also available on game days for \$40 per person and \$15 for children age 12 and younger. Reservations must be made in advance and require a ticket to that day's game.

The Red Sox play their first exhibition game on Thursday, February 22 at 1:05 p.m. against the Northeastern University Huskies.

In conjunction with their Hats Off to Heroes program presented by John Hancock, the Boston Red Sox will offer complimentary tickets to the spring training opener to all first responders in Southwest Florida including police, sheriff, emergency medical service, fire personnel and active military. Each responder will receive two free tickets with proper ID. The complimentary tickets are available for pick up at the JetBlue Park box office now through 17 on a first-come basis, while supplies last. The JetBlue Park box office hours are Monday through Friday 10 a.m. to 3 p.m.

The team will play a total of 19 home games, including 15 Grapefruit League games and two games against the Chicago Cubs on March 26 and 27 to close out the exhibition season.

The Dunes Golf Club

Dunes Men's Golf Results

The final rounds of the January 28 Dunes Men's Golf Association Member-Member event is in the books.

Bracket Results

Nicklaus: Tutor and McArthur won over Arons and Conaway

Palmer: Nichols and Śleiter won over Macray and Mallon

Player: Skip Jewett and Tom Shriner won over Joe Mason and Don Weymouth

Team Quota Points Results

st Bob Lindman +5
Ed Hannon
Jim Boughton
Bruce Sprinkle

2nd Brad Thompson +4 Greg Jennings Mike Funk Fred Gobel

3rd Gary Saage +2 Tom Veratti Ken Grosse Stan Hirschfeld 🌣

Open House At JetBlue Park

The Boston Red Sox will kick off the 2018 season prior to spring training with a free public open house at JetBlue Park on Saturday, February 17 from 11 a.m. to 3 p.m. Family friendly activities will include inflatables on the field, player autographs, discounted concessions, face painting and magicians, meet and greet/photo opportunities with Wally the Green Monster and his little sister Tessie, and self-guided tours of the park.

The open house will also feature the new Red Sox Showcase powered by T-Mobile. This is the first-of-its-kind mobile experience. The 14-foot box truck transforms into a full-blown Fenway experience including a pitching accuracy challenge, Green Monster photo backdrop, batting cage where fans can choose to walk up to their favorite player's music, steal 2nd challenge, highlight reels, Red Sox virtual reality lockers, authentic player jerseys, and bats and helmets.

Guided public tours of JetBlue Park will begin Tuesday, February 13. Tours will be conducted daily from 10 a.m. to 3 p.m. on the hour on non-game days until April 7. Tickets are \$7 per person, children age 12 and younger are free. Tickets go on sale the day of the tour at 10 a.m. at the box office and are available on a first-come basis.

Pitchers and catchers will hold their first workout on Wednesday, February 14. The first full squad workout will

SPORTS QUIZ

- 1. When was the last time before 2016 that the Chicago Cubs won 100-plus games in a season?
- 2. Two major-league players each smacked a triple to reach $3{,}000$ career hits. Name either one to do it.
- 3. New Orleans QB Drew Brees set a regular-season record in 2016 for most 400-yard passing games in a career. Who had he been tied with at 14 games?
- 4. When was the last time before 2016 (Kentucky's Malik Monk) that a player scored at least 47 points in a game against the University of North Carolina's men's basketball team?
- 5. The Vegas Golden Knights, in their inaugural NHL season (2017-18), set a record with an eight-game winning streak. Name either of the two teams that won five in a row in their first NHL season.
- 6. Who did the U.S. men's hockey team beat in the final game to secure the Olympic gold medal in 1960?
- 7. Brooks Koepka, in 2017, tied a men's U.S. Open record for lowest score to par (16 under) in winning the event. Who else did it?

ANSWERS

1. It was 1935 (100-54). 2. Paul Molitor in 1996, and Ichiro Suzuki in 2016. 3. Peyton Manning. 4. Duke's Dick Groat scored 48 points against North Carolina in 1952. 5. The New York Rangers (1926-27) and the Edmonton Oilers (1979-80). 6. Czechoslovakia. 7. Rory McIlroy, in 2011.

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Chamber Hosts Trolley Tour For Staff, Volunteers

In order to better serve its more than 160,000 visitors each year, the Sanibel & Captiva Islands Chamber of Commerce recently held a trolley tour for its staff and Francis P. Bailey Jr. Visitor Center volunteers. A group of 34 toured 23 Sanibel and Captiva businesses in two days to learn new information and see changes in the past

'We put the annual trolley tour together to provide our staff and volunteers with the knowledge and experience to effectively answer questions from our visitors," said Chamber President John Lai.

Organized by Visitor Center Supervisor Candy Thompson, the trolley tour features guided tours at each stop and includes lunches at George & Wendy's Seafood Grille and Blue Coyote Supper Club. While a majority of the stops were at chamber lodging partners, there were popular tourist destinations ranging from the JN "Ding" Darling National Wildlife Refuge to Bailey's General Store, Suncatchers' Dream and Lily & Co. Jewelers.

'Our staff and volunteers are very dedicated people, who want to help visitors enjoy their time on our islands," Thompson said. "We appreciate the participating businesses this year who



A group of staff and volunteers from the Sanibel & Captiva Islands Chamber of Commerce Visitor Center took a two-day trolley tour of island businesses

took the time to help us better inform visitors about their offerings.

The visitor center, open 365 days a year, is the welcome center to the islands and often the first stop for new arrivals. Due to the trolley tour, staff and volunteers are able to expertly answer any questions on things to do, places to visit, where to stay, shop or

Adventures in Paradise provided the trolleys, which were hand-built for the narrow island roads.

Additional participating businesses on the tour were Jensen's Twin Palm Marina & Cottages, Keylime Bistro, 'Tween Waters Island Resort & Spa, Castaways Beach & Bay Cottages, Tropical Winds Motel, Sanibel Skin Spa, West Wind Inn, Beachview Cottages,

Sanibel Sunset Beach Inn, Island Inn, Anchor Inn & Cottages, The Cedar Chest Fine Jewelry, Casa Ybel Resort, Sanibel Island Beach Resort, Seaside Inn, Song of the Sea, Sanibel Moorings Resort and Sanibel Inn. A

Kiwanis Scholarship Applications

he Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2018-19 school year. Scholarships of \$3,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.
Eligible applicants must be Sanibel-

Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 30. They can be obtained on the Kiwanis website at www. SanibelKiwanis.org, by contacting Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com, Bill Traum at 671-0155 or billtraum@ me.com, Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.☆



Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast. net or contact the center. The next book discussion will be held on Wednesday, February 14 at 2:30 p.m. The featured book is *The Second Mrs. Hockaday* by Susan Rivers.

Learn to Play Siamese Mahjongg with Katie Reid – Monday, February 12, 9:30 a.m. to noon. Cost is \$3 for members and \$6 for non-members. Class is limited to 12 students. You need to know how to play American Mahjongg. All supplies are provided. Register in advance.

8th Annual Justine Smith Charity Bridge Tournament – Friday, February 9. Cost is \$25 per person, payable when you sign up. Limited to 40 players.

Lunch will be served at noon and the tournament begins at 1 p.m. Celebrate Justine Smith and help the stray animals on Sanibel. This is the eighth tournament to honor the former volunteer bridge director. All proceeds go to PAWS on Sanibel. In four years, over \$7,500 has been raised to help PAWS.

Tarpon Lodge and Indian Mounds on Pine Island with Captiva Cruises – Tuesday, February 13. Cost is \$70 for members and \$80 for non-members.

Trip includes a boat tour to Pineland as you learn about the fishing cultures of Pine Island Sound. The cruise will take you by historic fish houses, and discuss the history of commercial and sport fishing as well as the fishing culture of Pine Island Sound and Charlotte Harbor. Lunch will be at Tarpon Lodge. Following lunch, guests will walk over to the Randell Research Center where they will be led on a guided hike to the top of a pre-Columbian mound of the ancient Calusa culture.

Sanibel Health Fair at Center 4 Life – Friday, February 16, 1 to 4 p.m.

Free screenings by health care professionals include: memory screening, vein screening, balance test, pulse O2, vision test, blood pressure and glucose, skin cancer screening, hearing test, body mass index, and Ask the Pharmacist. There will also be Information about FISH of SanCap, hospice services, heart health, advance directives, assisted living, brain health, injury prevention, in-home care, pharmaceuticals, skilled nursing care and other services. Senior resource guides, healthy snacks and door prizes provided. Sponsored by Parish Nurses of Sanibel. Screenings offered are subject to change. Contact the center for more information.

Sanibel's Got Talent, hosted by Island Seniors, Inc. – Thursday, February 22 at 5:30 p.m. No cost for members and \$5 for non-members.

Talent scouts went in search of Sanibel talent to perform at this year's potluck scheduled for Thursday, February 22. A fun-filled evening is planned for all. You will be thoroughly entertained by your friends. Dinner will be served at 5:30 p.m. and the

show will immediately follow. Due to the popularity of this program, the event will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Bring a covered dish to share such as a vegetable, salad or casserole. The main entree, drinks and desserts will be provided by Island Seniors.

Naples Botanical Garden – Tuesday, February 27. Cost is \$22 for members and \$32 for non-members.

Naples Botanical Garden connects people with plants by conserving and researching the biological diversity of their collections and ecosystems. This a private educational tour on plants, gardens and ecosystems. Lunch is on your own after the tour at the popular Fogg Café, then stroll the gardens on your own. Carpool arrangements will be available. Advance registration is required by Friday, February

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m. Hand & Foot – Thursday at 12:00 m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and Select
Thursdays – February 13 and 15 at 8:30
a.m. (weather permitting) There is space
for 16 people on eight two-person kayaks
and limited space for those who own
their own kayaks. Sign-up is available for
experienced kayakers two weeks prior to
each launch date. Island Seniors, Inc. will
provide kayaks, paddles and life jackets
(which must be worn at all times). Bring
water, a small snack, sun lotion, bug
spray, sunglasses, towel, hat and change
of clothing (your shoes and clothing may
get wet). Cost is \$5 for members and \$20

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

for non-members. Advance registration is

required.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

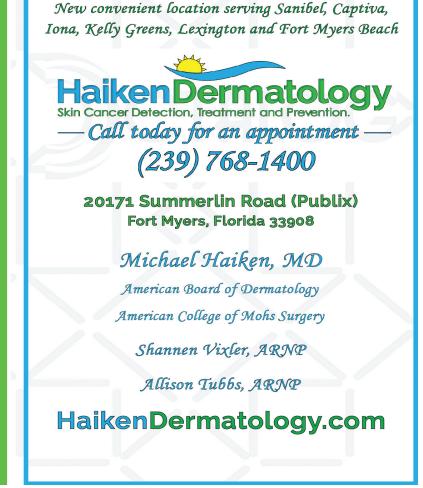
For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

American Legion Post 123

This Sunday,
February 11,
American Legion
Post 123 is serving
barbecued ribs and
chicken from 1 to 8
p.m. The following
Sunday, February 18,
fish and shrimp are on the menu.
On Tuesdays, tacos are served

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.**







From left, Tamara Joffe, David and Anne Joffe of She Sells Sea Shells, Gaby Bell and Mona Strasser from Sanibel Captiva Community Bank with the bank's donation photos provided

Local Businesses Raise Funds For Cancer Center

holiday fundraising partnership between Sanibel Captiva Community Bank and She Sells Sea Shells resulted in a \$8,600 donation to Moffitt Cancer Center in Tampa.

Handmade original seashell ornaments designed and created by Anne Joffe, owner of She Sells Sea

Shells, were displayed on trees and sold in both Sanibel Captiva Community Bank island branches.

She Sells Sea Shells donated 100 percent of the \$4,300 earned from ornament sales, and Sanibel Captiva Community Bank matched the donation.

"Our bank customers were moved by the cause – cancer research – and it created a ripple effect of giving," said Mona Strasser, vice president and office manager at Sanibel Captiva Community Bank. "One customer purchased more than 50 ornaments and donated them



From left, Tamara Joffe, Anne Joffe, Gaby Bell and Mona Strasser and David Joffe with She Sells Sea Shells donation

to other worthy causes."

'Giving back is a core value of She Sells Sea Shells and has been a practice for over 40 years," said Anne Joffe. "We support the valuable work the Moffitt Center is doing and value our relationship with Sanibel Captiva

LCEC Center Of Excellence

ee County Electric Cooperative (LCEC) has been recognized as a Certified Center of Excellence for the fifth consecutive year by BenchmarkPortal (BMP), the industry leader in contact center benchmarking. certification, training, assessments, industry reports and custom consulting

The Center of Excellence recognition is one of the most prestigious awards in the customer service and support industry. Contact centers achieve the Center of Excellence distinction based on best-practice metrics drawn from the world's largest database of objective and quantitative data that is audited and validated by researchers from BMP.

Center of Excellence recognitions include companies like MetLife, Mayo Clinic, New York Life, Samsung and

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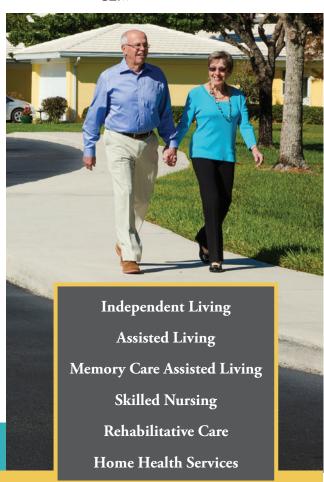
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Puppy Love



by Kay Casperson

It is always quite amazing to see just how much joy a new puppy can bring to everyone. Our family just recently got a puppy and we named him Didji. He is an Australian shepherd and he is now 7 months old. Didji

warms our hearts just like my other dogs did that were once just pups. Of course, as they grow, they are permanently embedded into our hearts as true pals, but there is something about being a puppy that brings out the best in most people. Puppies makes us smile and laugh, they keep you exercising and most of all, they bring back a discipline of creating a routine that a puppy can learn and follow for the rest of its life. Big responsibilities fall into the hands of any puppy owner but, for the most part, they put a warmth in your heart like nothing else can do.

You remember that warm, butterfly feeling you had back in your school years when you had a crush on someone or you thought you really liked that person alot. It's similar to that of a love for a puppy which is why they also associate that kind of a feeling to puppy love. But the true love for a puppy lasts much longer and turns into a trusted companionship that can bring much joy to our lives for as long you have with them.

We show love to a puppy by spending time with them, playing with them, walking them, teaching them how to do certain things and training them to be a good fit for your household and environment. But, the unconditional love that puppies have for their owners is hard to beat since regardless of where they came from or what environment they now live in, the only thing that matters to them is that they are loved and they can give love back.

Puppies show love in many ways and



Kay Casperson and Didji

photo provided

although they can't talk back to us or with us, we feel like they are communicating just the same. You know when they are happy either from a wag of a tail, rolling over for a tummy rub, raising a paw for a hand shake or bringing you their favorite toy to play with. Cuddling next to you is a sure sign that the love bond has begun and the journey of growing your companionship will be a long lasting, wonderful adventure.

I am a big animal lover and enjoy every stage of the game, from young to old, but there is something new and fresh about puppies and I appreciate all they have brought into my beautiful life.

My affirmation for you this week is: "I will cherish the times that I am lucky enough to experience the feeling of puppy love and will celebrate when others do as well.

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www. kaycasperson.com or follow on social media @kaycasperson.☆

Doctor and Dietician

Pain From Smartphone Use





by Ross Hauser, MD and Marion Hauser, MS, RD

any of us are familiar with the association of computer use with neck and shoulder pain, but did you know that neck pain due to smartphones is on the rise? Chronic neck pain has significantly increased, especially in those age 20 to 35, and smartphone use is considered the culprif. The phrase "Text Neck" has been used to describe this condition. But no matter our ages, we're accustomed to smartphones being a huge part of our lives and should be conscientious of our body positioning when using them to avoid long-term

The head weighs about 10 to 12 pounds, so spending hours hunched over a phone puts a lot of strain on the neck. As the head moves forward from the shoulders, the center of gravity changes. This significantly increases pressure on the musculature of the head, neck and shoulders due to the downward angle and weight of the head. This gravitational demand from the forward head posture, flexed neck and hunched shoulders can be three to five times higher than in a neutral neck posture. The more the head shifts forward, and the longer time spent in a forward head posture, the greater the pressure. Frequent and prolonged flexion of the neck while texting stretches the ligaments that connect the cervical vertebrae to each other, and they eventually become like overstretched rubber bands. This can ultimately lead to arthritic degeneration and abnormal curvature of the cervical spine, which may require realignment therapy to correct.

Both one-handed and two-handed texting are associated with asymmetric cervical posture, according to a 2018 article in Applied Ergonomics. Prevention is key by practicing good ergonomics while using smartphones and correcting forward head posture. Hold your phone at eye level, while supporting your arms, and take frequent breaks from the phone to walk

around.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.☆

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Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: I have been exposed to criticism in most of my adult relationships. I try to be a good partner, and I don't understand why this is happening. How do I find a relationship where I

am loved for who I am?

A: People tend to criticize to get their needs met. Often this stems from people being afraid to ask for what they need so they resort to criticism instead. These people also tend to focus on what they lack and don't have, rather than what they do have. Many of us learned at an early age that negative forms of behavior does get attention. Also, there are times that complaining works at getting one's needs met, although it is a negative form of temporary satisfaction. This most certainly won't bring you closer to your partner, it will pull you apart. Criticism is a form of blame. It puts your partner on the defensive. It's the opposite of ownership.

It reinforces your belief that our partner is responsible for the difficulties in your relationship. One of the most

effective ways to end criticism is to ask for what you want including using compliments with your partner.

We all like to be complimented and given full attention and appreciation. You can learn to respond to criticism by offering to help as it shifts the relationship to a more comfortable and satisfying position. While criticism represents the fight response in relationships, withdrawal represents the flight response. It simply deals with the fear of asking for what you want and letting others know how you feel. It is a relationship destroyer. While they really long for connection, they sabotage it by doing everything but connecting. They actually like the feeling of being pursued because they need and desire this connection. They stay at arms length to get their partner to approach.

You may have attracted partners who were distancers as they are hypersensitive to criticism. They don't want to be thought of as inadequate. So in your next relationship, if you are dealing with criticism, be sure to feel as though you can ask for what you want in a kind, respectful manner, and this will help you create the relationship you crave and bring you closer together.

Constance Clancy-Fisher, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail. com or visit www.drconstanceclancy. com.₩

deaRPharmacist

Chaos And Screaming Over Nutella



by Suzy Cohen, RPh

ear Readers: was perusing the week's horrible news stories like the one about the Olympic doctor sex abuse case, and another about 11 school shootings this year. I read another on Xanax, and how

it's become rampant among college users, especially British teens. Shame on our world. Then, when it couldn't get anymore senseless, I saw how rioting broke out over Nutella in France.

What's in Nutella that would make people go ape crazy over it? People at supermarkets across France literally risked a broken nose to snag a jar of Nutella for \$1.75 versus \$5.85? The sale apparently triggered the chaos.

Why the craziness? Was it over a few bucks?

Does it speak to our lack of self control? A food addiction?

Let's zoom in to see what's in Nutella: Hazelnuts – Nutella is supposed to have 90 to 95 hazelnuts in an average size jar. There are no peanuts in this. The hazelnuts are roasted and ground to create the smooth, delicious paste. Did you know that centuries ago, in France, the hazel plant was given as a wedding gift to symbolize fertility.

Sugar - Nutella brand includes pure cane sugar and/or beet sugar, and it's non GMO.

Oil – Specifically red palm fruit oilwhich comes from the African tree, Elaeis Guineensis.

Cocoa powder - This is basically chocolate powder; think of it like you do hot cocoa. It's processed, fermented and roasted

Milk - skim milk powder, think of this like you do whey.

Lecithin - A smoothing agent (emulsifier) and it's derived from either soy beans or sunflower seeds.

Vanillin – It's a type of synthetic vanilla for aroma and flavor.

I'd like to propose a natural, delicious spread that tastes similar, but you can make it without risking your life (wink)!

Easy Nutella Spread

3 cups organic hazelnuts, roasted

3/4 cup dark chocolate chips 1 teaspoon vanilla extract 1/2 teaspoon sea salt (Optional) Sweetener to taste Directions:

Preheat the oven to 350 degrees. If you bought the "roasted" hazelnuts, spread them on a cookie sheet. Cook them for about 5 to 10 minutes to warm them up and loosen their skins. Put them in a kitchen towel and roll them around to remove as much skin as possible. Put the cleaned/warm hazelnuts in a Vitamix and blend on low until a butter is formed. Melt the dark chocolate in a saucepan or microwave. Add the salt and vanilla. Continue to blend on low. Let it cool to room temperature, so it will thicken.

You will probably want to add maple syrup or honey. If you're using one of these liquid sweeteners (this is a bit counter intuitive) but the more liquid sweetener you add, the stiffer it makes the nutella.

You could try confectioner's sugar (but add that before you process it). If your spread is too thick for your liking, add a teaspoon or two of some oil like grape seed, olive or almond oil. There you have it, nutella in the safety of your own

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

BEFORE Undiagnosed ligament laxity can lead to cervical instability and an abnormal"S" curve, causing painful head and neck conditions, and symptoms like dizziness and balance difficulties. **AFTER** Restoring the proper "C" curve and ligament strength with Prolotherapy and Caring Cervical Realignment Therapy can alleviate chronic pain and symptoms associated with cervical instability for good.

Cypress Cove Selected For National Study

The Cottage at Cypress Cove at HealthPark Florida, a nationally acclaimed assisted living memory care neighborhood, has been chosen as the nation's first memory care facility to undergo an extensive evaluation by the Society for the Advancement of Gerontological Environments (SAGE). The Michigan-based organization collected research regarding community designs that provide the best concepts in resident lifestyle living. This information will be distributed throughout the nation's senior housing

The 40,000-square feet of the stateof-the art Cottage at Cypress Cove was selected by SAGE as the first memory care evaluation site to have its facility design and programming techniques

reviewed. A noted six-member team of experts in senior living design toured The Cottage – evaluating every aspect of the two-story facility's four 11-resident households, including common areas such as its lush outdoor tropical garden and its back-of-the house support facilities.

SAGE selected The Cottage at Cypress Cove from among hundreds of national memory care facilities because its ground-breaking designs as a memory care facility. In 2017, architects of the newly opened memory care facility won SAGE's national Award of Merit for design. Information submitted during the award-review process is being used as cross reference material by the evaluation team for determining the effects of the facility design and its specialized person-centered care on resident comfort and behavior.

"We are honored to have been selected as SAGE's first evaluation site," says Michele Wasserlauf, executive director of the 48-acre Life Plan Community in Fort Myers.☆

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PETS OF THE WEEK

Haven on Earth Animal League

Bam Bam And Luci



photos provided

there! I'm Luci. I'm a beautiful, 12-week-old Tortoiseshell kitten with a cute little pink nose. I'm just waiting for someone to take me home and love me forever. I'm currently staying at Petco in Gulf Coast Town Center. I am spayed and up-to-date on vaccinations. My adoption fee is \$125.

Hi, I'm Bam Bam! I am a gorgeous, young tabby boy with beautiful markings - and I have my own built-in camouflage. I have a bum leg, but that doesn't stop me from getting around.



My foster mom thinks that I may have gotten my leg stuck in a car engine. I'm currently staying with a foster family. I'm neutered and up to date on vaccines. My adoption fee is \$100.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\$

Lee County Domestic Animal Services

Empress And Tiger

Tello, my name is Empress. I Lam a 6-yearold female Florida curr mix who is the perfect medium-sized dog that will go for a walk with you and then snuggle in for some popcorn and TV at the end of the day. My face shows the wisdom of a life where I may not have had the comforts I deserved. I am patiently waiting at



Empress ID# A525065 photos provided

LCDAS for someone to come and show me how truly wonderful life can

My adoption fee is \$14.

Hi, I'm Tiger. I am a 1-year-old male domestic shorthair who is an energetic young fellow with a zest for life and all it has to offer. I love to play with people and my feline friends. Take advantage of the adopt-one-get-a-feline-friend-at-no-charge special and take a friend home with me.

My adoption fee is \$14.

Through Wednesday, February 14, Valentine's

Day, all adoptions of dogs over 30 pounds and all adult cats will cost \$14.

For information about this week's pets, call 533-7387 (LEÉ-PETS) or log on to Animal Services' website at www.LeeLostPets. com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.



Tiger ID# A713624

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆

LCDAS Promotion

ake a departure from the traditional roses and chocolates with the Give Love promotion this year by adopting a furry Valentine from Lee County Domestic Animal Services (LCDAS)

Through February 14, all adoptions of dogs over 30 pounds and all adult cats will cost \$14. The reduced adoption fee includes the complete package of services: sterilization; age-appropriate vaccinations; county license;

microchip ID; de-worming; flea treatment; a heartworm test for dogs; feline AIDS and leukemia test for cats; and a 10-day health guarantee. The adoption package is valued at more than \$500.

For more information about LCDAS, visit www.LeeLostPets.com or call 533-7387 (LEE-PETS). The public also can visit the shelter located at 5600 Banner Drive in Fort Myers from 10:30 a.m. to 3:30 p.m. Monday through Saturday. Check out the Facebook page @ LeeCountyDomesticAnimalServices and on

PUZZLES

Answers on page 37B

14

17

Super Crossword

PUNNING UP AND DOWN

ACROSS 1 Jan. and Feb.

- 4 Project detail, for short
- 8 Coll. dorm monitors
- 11 Salt Lake City athletes 15 Speedy www
- hookup 18 Nibble away
- 19 Funny Bombeck
- 20 Trio after N 21 12-pointwide type
- 22 Lemur kin 23 Start of the first riddle
- 26 Ship routes 28 Henry of Time and
- **29** The Teletubby that's yellow
- 31 Certain citrus grove yield 32 Middle of the first riddle
- 37 Lingerie garment 39 Snobbery
- 40 Un-PC suffix 41 Retort to
- "Not so!" 42 Wrestling pad

- 43 Party game cry 44 Peaty place
- 47 Slave over - stove 49 End of the
- first riddle 58 U.S. snoop gp.
- **59** Creameries 60 State as fact 111 Gin joint 61 First riddle's
- answer 65 Zagreb site 66 "My Man" singer Yoko 67 Pre-58-
- Across ora. 68 Immodesty 70 Old fed. led by Nasser
- 71 Hydrogen atom's lack 75 Start of the second
- riddle 81 Holds up 82 Cybernames 129 Simple 84 English
- rocker Brian 85 Middle of the second riddle
- 91 Andv Taylor's son 92 Look at 93 Org. giving
- tows **94** See
 - 75-Down

- 95 Storage site 100 Misfortunes 102 Livy's 2,150
- 103 Couple 104 End of the second
- riddle 110 Intercept and turn aside
- 112 Oohs and -**115** "You have mv word"
- 117 Second riddle's answer 121 Cinematic
- Spike 122 Purple fruit **123** Go — rant
- 124 Black-andwhite treat **125** — culpa
- **126** Cut out 127 Aug. follower 128 April follower
- 130 Purported psychic gift
- DOWN 1 Cry feebly
 - 2 Island of Hawaii 3 Detached,
- musically 4 Jiffy
- 5 Ace 6 Aussie bird

- 7 Hardened skin area
- 8 Fit for a king 9 Straight as
- 10 Nerdy sort 11 Big name in pkg. shipping 12 Get stewed
- 13 PC-sent greeting 14 Deli meat
- 15 "Blasted!" 16 Big name in swimsuits 17 Not to such
- a degree 24 Tetley option 25 "True --!"
- ("Yes siree!") 27 Santa — (hot winds) 30 All the world,
- per the Bard 33 Actress
- Metcalf 34 Onedimensional
- 35 Body part above eves 36 One of the Musketeers
- 37 X6 and 74 carmaker 38 Pep rally cry
- **44** Doldrums 45 Any of the Joads, e.g.

46 Female kid

10

- 48 Old despot of Bussia 50 Cry in Berlin
- 51 Tallies 52 Bite playfully
- 53 General -- 's chicken 54 "There -
- tide ...' 55 Abate 56 Event with evidence
- **57** Gawk 61 Pilot and Fit carmaker 62 "- a nap!"
- 63 Pianist Glenn 64 History unit
- 65 Fishcake fish 68 Actor
- Murphy 69 Main point **72** Oil
 - byproduct **73** Bread or booze
 - **74** buco **75** With 94-Across, donkev noise
- 76 Sun, moon and star 77 Cablegram
- 78 Jewish Passover
- **79** Surround with a saintly rina

13

- 80 Caveman Allev
- 82 Functional 83 Turtle covers 86 Makes
- natty 87 "- Rock" (1966 hit)
- 88 "Heavens!" 89 Liquid filling la mer
- 90 A couple 95 For some time
- 96 Prison. informally
- 97 Began to cry, with "up" 98 Prefix with
- Chinese 99 Chews
- noisily 101 Ski race
- 102 "Some Like It Hot" actress 105 Cyber-submit
- to the IRS 106 Massey of "Rosalie"
- 107 "Never ever!" 108 Common site for a 7-Down
- **109** Set (down) 113 Tilling tools
- 114 Flip one's lid
- 116 First-aid ace 118 History unit

16

15

22

119 — Moines 120 Male kid

King Crossword

13

36

ACROSS

1 Shopper's aid "- and Circ-

18

- umstance" 9 Frenzied
- 12 Sandwich
- treat 13 Vicinity
- 14 Rocks 15 Teeny
- 17 Gun lobby org.
- 18 Thwarts 19 Bad lighting? Conversation
- starter "Olympia"
- artist 24 Knighted woman
- Stashed 28 Carey or Barrymore
- Baba 32 Literary col-
- lection 33 Refore
- 34 Carte 36 Doctrine
- 37 Exercise target
- 38 Bygone airline 40 On the other
- hand 41 Top story
- 43 Critter 47 Slithery
- squeezer 48 Twins' home 51 Flightless bird

- 8 Song of
- 53 It's tied 54 Aachen article 9 Troubadour

52

- 55 good example 56 Former frosh
- DOWN

52 Tied

- 1 Barbershop item
- 2 Seed coat 3 Nevada city
- 4 Fencer's call Campaignfunding grps.
- Tulsa sch. Blanc or

- praise
- 10 High (Pref.) 11 Campus big-
- wig 16 Schuss 20 Crimson
- 22 Capital of Belarus
- 23 Leading man 24 Weir 25 Hearty quaff
- 26 Labyrinth beast
- ing musical 29 Historic time

30 Charlotte's creation

45

- 35 Submachine gun 37 Pats down
- 39 Pinnacles
- 40 Inseparable 41 Sleeping
- 42 Heavy reading 43 Kournikova or
- Karenina 44 Stereo alter-
- native 45 On 46 Wood strip
- 27 Groundbreak- 49 "- had it! 50 Profit

AUSTRALIAN MAGIC MAZE CITIES

O D A X V S P N K I F C A X V SQOLJHECAXAVTRP LONGONG) NLHJ

HUFDBEEAYXGVTTO TRLPLIIOLMAKRRB

IGANEDPBLWZAEB

X R S R D W U T M R A N B P

Q O U Y E N D Y S Y G Y O N D LBJBGNOLEEGIHGF

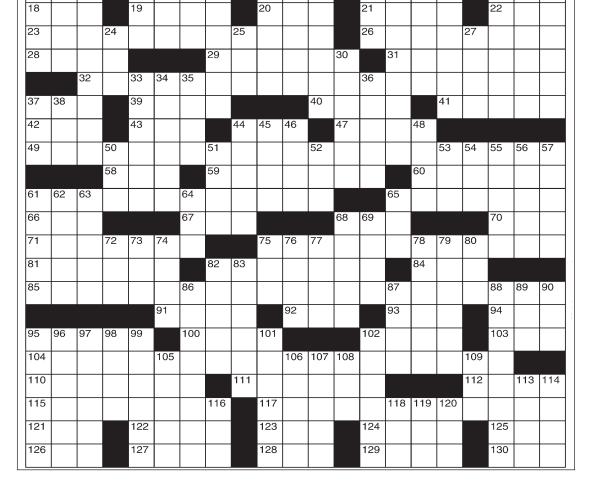
D C E I L R O O G L A K A W Y

XNIWRADWJVWTSRP Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Albury Geelong Burnie Gympie Darwin Hobart Dubbo Joondalup

Kalgoorlie Orange Sale Sydney

Wagga Wagga Whyalla Wollongong



COMPUTER DATING_SERVICE
Bob Schwetz,
"Check the computer for available females

and see what we have listed under

answer on page 39B

	BLERS within each rectangle to form four ordinary words. Then tters to form the mystery word, which will complete the gag!
ANGER	
Level BLASTE	
Basic PETALS	
Create SINGED	
	TODAY'S WORD

		2		5			1	
1			9			7		
	3				4			9
4			3	9		8		
	6			2			4	
		8			1			6
	8				3	5		
7				4			9	
		5	1					3

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

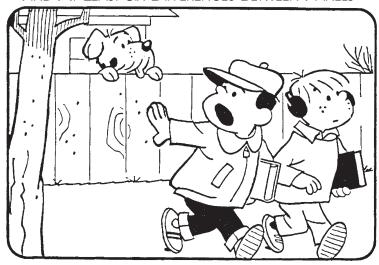
answer on page 37B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is missing. 2. Dog's ear is shorter. 3. Mitten is removed. 4. Sun is missing. 5. Book is missing. 6. Cap is missing.

PROFESSIONAL DIRECTORY

PAINTING

TREE & LAWN CARE

Mulch

Installation

Landscape

Project



Tree

Trimming

Project

Residential & Commercial Painting

- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Reliable
- Licensed & Insured
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FRIDAY



SATURDAY Mostly Cloudy High: 73 Low: 67



SUNDAY Sunny



MONDAY Mostly Sunny High: 70 Low: 64



TUESDAY Sunny High: 66 Low: 60



WEDNESDAY Sunny High: 64 Low: 58



THURSDAY Sunny High: 62 Low: 56

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	11:06 am	2:57 am	7:54 pm	12:51 pn
Sat	12:08 pm	3:57 am	8:55 pm	2:12 pm
Sun	12:45 pm	4:47 am	9:51 pm	3:23 pm
Mon	1:12 pm	5:29 am	10:40 pm	4:18 pm
Tue	1:34 pm	6:05 am	11:22 pm	5:01 pm
Wed	1:49 pm	6:37 am	None	5:39 pm
Thu	12:01 am	7:05 am	2:02 pm	6:16 pm

Point Ybel Tides

	Day	<u>High</u>	Low	<u>High</u>	Low
	Fri	10:11 am	2:59 am	6:59 pm	12:53 pn
	Sat	11:13 am	3:59 am	8:00 pm	2:14 pm
	Sun	11:50 am	4:49 am	8:56 pm	3:25 pm
	Mon	12:17 pm	5:31 am	9:45 pm	4:20 pm
,	Tue	12:39 pm	6:07 am	10:27 pm	5:03 pm
,	Wed	12:54 pm	6:39 am	11:06 pm	5:41 pm
,	Thu	1:07 pm	7:07 am	11:43 pm	6:18 pm

Punta Rassa Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	9:04 am	2:46 am	8:18 pm	2:26 pm
Sat	11:24 am	3:40 am	9:15 pm	3:19 pm
Sun	11:32 am	4:31 am	10:10 pm	4:10 pm
Mon	11:53 am	5:18 am	10:55 pm	4:57 pm
Tue	12:18 pm	5:59 am	11:31 pm	5:37 pm
Wed	12:46 pm	6:35 am	None	6:14 pm
Thu	12:01 am	7:09 am	1:16 pm	6:50 pm

Cape Coral Bridge Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	1:16 pm	6:13 am	10:04 pm	4:07 pm
Sat	2:18 pm	7:13 am	11:05 pm	5:28 pm
Sun	2:55 pm	8:03 am	None	6:39 pm
Mon	12:01 am	8:45 am	3:22 pm	7:34 pm
Tue	12:50 am	9:21 am	3:44 pm	8:17 pm
Wed	1:32 am	9:53 am	3:59 pm	8:55 pm
Thu	2:11 am	10:21 am	4:12 pm	9:32 pm

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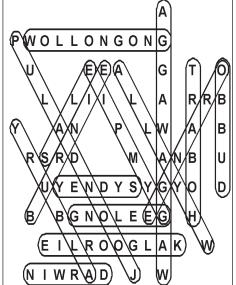
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7	1	3	2	4	5	6	9	8
6	2	5	1	8	9	4	7	3

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My Stars ★★★★ FOR WEEK OF FEBRUARY 12, 2018

ARIES (March 21 to April 19) It could be risky to push for a project you believe in but others are wary of. Never mind. If you trust your facts, follow your courageous Aries heart and go with it.

TAURUS (April 20 to May 20) Your enthusiasm sparks renewed interest in a workplace project that once seemed headed for deletion. Support from supervisors helps you make all necessary changes.

GEMINI (May 21 to June 20) A colleague might be a bit too contrary when your ideas are being discussed in the workplace. A demand for an explanation could produce some surprises all around.

CANCER (June 21 to July 22) Try

to avoid distractions at a time when maintaining stability in a fluid situation is essential. There'll be time enough later for the Moon Child to enjoy some well-earned

fun and games. **LEO** (July 23 to August 22) Stop wasting energy licking your wounded pride. Instead, put the lessons you learned from that upsetting experience to good use in an

upcoming opportunity. **VIRGO** (August 23 to September 22) You love being busy. But try not to make more work for yourself than you need to. Get help so that you don't wind up tackling tasks that are better left to others.

LIBRA (September 23 to October 22)

Your usually balanced way of assessing situations could be compromised by some so-called new facts. Check them out before making any shift in judgment.

SCORPIO (October 23 to November 21) You might feel angry over an unexpected shift in attitude by someone you trusted. But this could soon turn in your favor as more surprising facts come

SAGITTARIUS (November 22 to December 21) Love rules everywhere for all amorous Archers, single or attached. It's also a good time to restore friendships that might have frayed over the years.

CAPRICORN (December 22 to January 19) It's not always easy for the proud Goat to forgive past slights. But clearing the air could help establish a better climate for that important upcoming

AQUARIUS (January 20 to February 18) Good news: Your skillful handling of a recent matter has won admiration from someone who could be influential in any upcoming decisions involving you.

PISCES (February 19 to March 20) You

continue to welcome new friends into the widening circle of people whom you hold dear. One of those newcomers might soon have something special to tell you.

BORN THIS WEEK: You love nature and inspire others to follow your example of concern for the planet's well-being.

STRANGE BUT

- It was Italian novelist, philosopher and university professor Umberto Eco who made the following sage observation: "Fear prophets and those prepared to die for the truth, for as a rule they make many others die with them, often before them, at times instead of them.
- The average (presumably non-bearded) man will shave at least 20,000 times over the course of his lifetime.
- · Although it is a dog, the dhole, which is native to Asia, doesn't bark; to communicate with other members of its pack, it whistles. Evidently, that high-pitched sound carries better than

low-pitched barking in the dense forests where it lives.

• Third-century Saint Lawrence of Rome was martyred for his faith by being roasted alive on a gridiron. I suppose it makes a certain kind of sense, then, that he's the patron saint of cooks and tanners.

• If you're not in a romantic mood as Valentine's Day approaches, you might want to consider reviving the vinegar valentine popular in the 19th century. Rather than conveying love and affection, these insulting missives -- usually sent anonymously, for obvious reasons -- were dripping with sarcasm and black humor. Some were intended to discourage unwanted suitors, but others were just mean, accusing the recipient of being too aggressive (for women) or too submissive (for men) or of putting on airs, among other things. There were even occupation-specific cards targeted at doctors, salesladies, artists, etc. According to an article in Smithsonian magazine, in

the mid-1800s, these vinegar valentines accounted for half of all valentine sales in the United States.

• Those who study such things say that 20 percent of American men have spent at least one night in jail

THOUGHT FOR THE DAY

"One of the truest tests of integrity is its blunt refusal to be compromised." -- Chinua Achebe

SCRAMBLERS

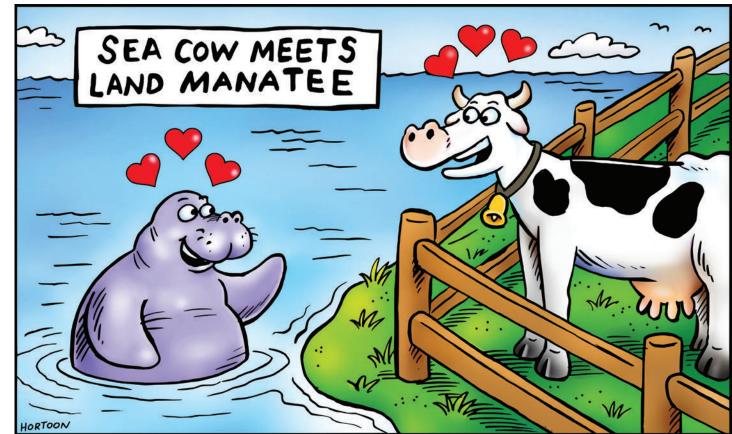
1. Range; 2. Stable;

3. Staple; 4. Design

Today's Word

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Jonathan Harbour	Fort Myers	1998	3,521	\$2,295,000	\$1,925,000	212
Magnolia Bend	Estero	2004	4,281	\$1,795,000	\$1,500,000	139
Caprini	Miromar Lakes	2006	2,977	\$1,695,000	\$1,600,000	6
Whisperwood Cove	Sanibel	2004	3,951	\$1,499,000	\$1,450,000	14
Augusta Creek	Bonita Springs	1997	3,321	\$1,450,000	\$1,389,130	12
Butterknife	Sanibel	1994	2,880	\$1,395,000	\$1,377,000	37
Town and River	Fort Myers	1981	4,167	\$1,299,000	\$950,000	416
Edgewater	Fort Myers	1995	5,252	\$1,299,000	\$1,180,000	71
Intracoastal Harbour	Fort Myers	2001	2,923	\$1,250,000	\$1,100,000	133
Ferry Landing	Sanibel	1986	1,832	\$1,200,000	\$1,175,000	15



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